



HAMPTON-DUMONT COMMUNITY SCHOOL DISTRICT

Newsletter
JANUARY / FEBRUARY
2017

From the Superintendent

Todd Lettow, Superintendent

How Do School Districts Decide To Close Schools?

The month of December has arrived and city, county and state road crews have prepared their equipment for winter weather events. As soon as severe weather is predicted, road crews throughout the Midwest begin to pretreat roads with a brine mixture and when a snow event occurs, road crews will be out on the roads throughout the night plowing snow and laying down salt and sand mix to bring the roadway back to a drivable condition. These agencies work very hard to keep the primary hard surface roads open; however, many times gravel and rock roads remain drifted shut, iced over, unsafe and impassable for several days during and after snow and ice storms. Wind with colder temperatures and frost covered ground, combined with rain, thawing, and refreezing are all conditions that school bus drivers have to deal with throughout the winter months. For superintendents and transportation directors, deciding when to run and when to keep the buses parked can be a stressful decision. With the first snow on the ground, it's a good time to take the opportunity to review how decisions are made and then communicated when the weather turns severe. The safety of students is the top priority.

Administrators must use the collected information and their own best judgment to make a decision for what is best for all students, not just the students riding on district school buses. They must factor into the equation the safety of the students that are standing at bus stops, walking to school, inexperienced teenage drivers and district staff members. At times, the decision may not fit with individual circumstances. When schools close, many families have issues with childcare. As a result, districts try to keep schools open if it's safe to do so.

How do districts decide whether or not to close due to snow, ice and extreme cold? Each district tackles this problem basically the same. Superintendents and transportation officials monitor television and radio for storm forecasts and snow predictions from regional meteorologists. For those early morning decisions, officials consult with city and county road crews sometimes before 5:00 a.m. They go out and check the road conditions and talk with their own school maintenance staff, who are out clearing parking lots, sidewalks, bus transfer points and playgrounds,

along with communication with surrounding school districts. The information gained from all of these individuals is crucial in making the best decision possible for the safety of the students, staff and the public in each community.

Closing school for ice, heavy snow or blizzard conditions is easier for the public to understand; however, school officials also have to be prepared for extremely cold days. Most districts close school buildings when temperatures reach a wind chill warning of minus 45 degrees or when the actual temperature reaches negative 25 degrees. These are the toughest for the public to understand. It may be a clear day, but school has been canceled for the safety of the children that are walking to school and waiting at bus stops. They also have to consider that when a school bus or a teenager, parent or staff member's car breaks down in a rural area of the district, help takes more time to get to the stranded individual, increasing the possibility of exposure.

Closing school announcements on some occasions are made with short notice due to weather conditions changing faster than meteorologists forecasted. When possible, school administrators will make earlier notice of school closings, with the most commonly requested notice time being 10 p.m. at night so families have more time to plan. No matter what the superintendent has decided, parents have the final say. If they don't think it's safe enough for their kids to come to school, it is generally recommended that parents make other arrangements. School administrators know that student safety is always their number one priority.

School Cancellations

Weather related announcements will be broadcast on the following radio and TV stations:

Radio:

KLMJ/KQCR
KGLO
KLSS/KRIB
KIFG

T.V. Stations:

KWWL (Channel 7 - Waterloo)
KIMT (Channel 3 - Mason City)
KCCI (Channel 8 - Des Moines)
KCRG (Channel 9 - Cedar Rapids)
WOI (Channel 5 - Ames)
WHO (Channel 13 - Des Moines)



ATTENTION: Make sure your contact information is correct in PowerSchool in order to receive an automated message directly from the school district.

The mission of Hampton-Dumont Community School District is to create a safe, caring culture of high expectations where all reach their greatest potential.

Elementary / Preschool News

South Side / North Side

Ellen Pickhinke, Principal

I'm not sure where the last 5 months have gone! Wow!!! We have had so many great educational opportunities over the first half of the year. I look forward to many more in the upcoming months.

If many of you are like me, you want to look ahead and see what's coming next. I hope that this news article does just that. I'm sure I may miss a few items but please note that you can look to the website, under elementary, or to the activities calendar for those items you would like more information about. We have also updated and kept our elementary page current with pictures of your children. What a joy to look at them and see the neat experiences they have all had at H-D.

Calendar: Students will return to school on January 3rd. All students will NOT have school on January 16th as the teachers have a professional development day. Parent-teacher conferences will be held March 6th and 7th and you will be able to sign up for these online in February. Look for more information on the sign up process.

Weather: We had a wonderful, long fall and enjoyed beautiful days at recess. Over the month of December we have quickly adjusted to all the additional layers and warm clothing along with the speed in which it takes to get it all on and off. If your child is in need of a coat to keep or borrow we have had many generous donations over the holidays. Please have your child stop by the counselor's office or school office. I would also like to thank the many individuals and organizations that have thought of us and have donated to our schools. We deeply appreciate the warm coats and warm hearts you have.

Report Cards: Report cards will be sent home with students on January 20th. If you have any questions regarding your child's report card, please contact their classroom teacher.

After School Program: Our third session of after school programming will begin on January 30th and will be held every Monday, Tuesday and Thursday until March 2nd. This program will be for those students who are below grade level in the area of reading. We will be sending home invitations and making phone calls to your home after our next round of testing if your child needs to attend.

In Closing:

When I accepted the position as the "new Elementary Principal" I saw it as a great opportunity in a good

community. I can now attest that it has been a great opportunity in a great community, which is very supportive of our school. Hampton-Dumont is a great place with excellent teachers, support staff and parents who deeply care about their children. I am a very fortunate principal! I want to thank many of you for welcoming me and entrusting your children to my leadership on a daily basis. Please call the school if you have any questions or concerns. We are here to do what is best for your child each and every day.

EXCELLENCE EVERY DAY

North Side Reading Room

by Denielle Conlon

Did you know learning is happening even before students go to class in the morning? Between breakfast and the first bell, Kindergarten students come to the North Side library for Reading Room. This is a time to enjoy stories before class starts. However, Mrs. Conlon and Mrs. Wikert try to spice things up to make it even more fun and engaging for students. From Mrs. Wikert's sight word games to Mrs. Conlon's flannelboard stories, students' brains are engaged even before class begins! Students have been reading books that start with certain letters, selections based



on the time of year, and stories that teachers love to read over and over! Children will hear over 500 stories this year in the Reading Room! What a great way to start the day!

PTO REMINDER

Keep sending in box tops with your students! Remember, the class at each school that has the most box tops turned in at the end of the year will get a pizza party from the PTO. It's a great and easy

Middle School News

Anthony K. Spradlin, Principal

In previous newsletters I have focused on topics ranging from test scores, effectiveness of positive reinforcement, the re-integration of community service back into the middle school, and many others. For this article I am going to focus on appreciation.

Google has defined appreciation as *"The enjoyment of the good qualities of someone or something."* In every article, I usually state "thank you for allowing us to educate your children in the middle school every day." I can't stress that statement enough. Today and everyday I want to emphasize that I have met some of the greatest parents and guardians since moving into the Hampton-Dumont School District. This community of parents truly care about the education our sons and daughters are receiving. I am appreciative and proud that you want your children to be successful and commit to whatever it takes to make that happen.

In the middle school, we focus on effective teaching and quality learning. However, we also focus on positive behavior and the creation of a "team concept" between the school and parents/guardians. We appreciate being able to work together to provide all of our students with the greatest learning environment. We wouldn't be able to do this without the overwhelming community support. Thank you!

When it comes to our local businesses (whether small or large) they provide so much to the school and ask only one thing in return; to please shop locally. We are very fortunate that all Hampton-Dumont extra-curricular events are heavily attended by community members. We are even more fortunate that our community members donate their time and skills for these events. Thank you to all those who step up whenever needed in helping to improve the facilities, or just to provide a helping hand when assistance is needed within the district.

Next, I want to extend appreciation to all entities within the HD Community School District. Many times we forget there are multiple groups that compose our school district, besides teachers and para-educators, that work with the students every day. These groups include the cooks, custodians, bus drivers, transportation, maintenance staff, nurses, secretaries, business office, technology department, medicaid billing, and the school liaison officer. All of these folks work hard to ensure the successful daily operations and strive to create relationships with the students; which in turn helps to create a positive working and learning environment.

Lastly, I would like to extend my appreciation to the Hampton-Dumont School Board Members: President- Ron Raney, Vice President- Stacy Miller, Tom Birdsell, Thomas Brolsma, Chad Hansen, Erran Miller, and Jeff Rosenberg. All of you strive to keep an open mind regarding the education of students and put in countless hours ensuring that our HD District is running at peak performance. You take into consideration the concerns of the community and utilize the administrative team to implement the most effective teaching strategies for all students. You all truly believe that every student can succeed and challenge our staff to shoot for "Excellence Every Day."

I was very fortunate to attain the middle school principal position within the HD Community School District and am very thankful everyday for the opportunity to work with such outstanding students, teachers, paras, and every other entity I listed throughout this article. I hope everyone has a wonderful holiday season and that you too can find something to appreciate.

Fourth Graders Rock the Presidents

Submitted by Fourth Grade Teachers

On November 3, the fourth grade class and teachers attended a live theater performance at Gallagher-Bluedorn Performing Arts Center in Cedar Falls. The musical production was titled "Rock the Presidents." We were excited that the PTO provided funding so we could attend this sold-out show. There were three actors/singers who helped us learn about the Presidency, and all the men who have held this office in the history of the United States, through rock, pop, and folk music. Besides finding out about their time in office and historical events, we also got to know some interesting facts about each Commander in Chief. Some of the presidents were easy to recognize, like George Washington and Abraham Lincoln. A few others, such as Millard Fillmore, were less familiar. Did you know that President Herbert Hoover was born in Iowa and spoke Mandarin Chinese? President Barack Obama has read all the Harry Potter books and collects Spider Man comics!

We were fortunate that it was a mild autumn day, and we boarded the buses to have our sack lunch at an awesome park in Waverly. Students were able to talk about what they had learned while enjoying their lunches together. There was also just enough time for recess at the park before we needed to head home. Some of the comments heard after this fun trip were:

I learned at Rock the Presidents that there have been 44 presidents. - Connor

It taught me history and it was fun! - Chase

I liked the cool music. - Tucker

We learned about the presidents and what they did. - Lilianna

I liked that they told us about the presidents' pets. - Miles

I learned that George Washington was in the Revolutionary War. - Kodey

I liked the part when they sang about the left-out presidents because I learned about some of them. - Alexander

I learned that William Howard Taft loved milk so much he brought his own cows to the White House. - Dawson

Mark your calendars for PTO Family Fun Night!

Friday, February 24

5:00 -7:30 p.m.



- Middle School Commons
- Open to any HD Student in Preschool-8th grade and their families
- \$5 entry for any child playing games. Parents and family members not playing are FREE!
- Along with games and prizes there will be face painting, cotton candy, balloon animals, food, and FUN!

High School News

Steve Madson, Principal

A Little Bit of Nostalgia and News

Nostalgia

As I begin days in my office, I try to remember to take a moment to read a paragraph or two from my favorite book and reflect on those things for which I am thankful – and I am always thankful for this community, the staff with whom I work and especially the students. This morning began much the same as others, except that the stress of having to come up with a topic for my article in the HDCSD Newsletter had been simmering, and the deadline was only a day away. So, when I opened my book and a folded sheet of paper dropped from the pages, hit the floor and settled under the table in my office, I thought it was par for the course of stress for the day. Now, adding to the stress, frustration and general lack of thankfulness, I had to move chairs and crawl under a table to retrieve the piece. Curious as to what it was that had caused my day to start this way, I unfolded the folds with the determined intent to identify the source, as if to give it some kind of character or animation, so that I could direct my frustration, assign blame and remove the source of my frustration. My plan worked, but not the way I thought it would. To the contrary, I found my frustration and stress removed, not by my action as both judge and executioner in labeling it trash and sentencing this thing to life as refuse. Humbled instead by the revelation. A newly discovered forgotten treasure. A breath of needed humility – especially as the stresses of life and holidays can cause the Scrooge or Grinch to surface in my character. It was my reminder to be thankful for EVERYTHING!

COUNTING MY BLESSINGS

Remembering Why I Am Grateful To God

1. mom dna DAD
- 2.
3. home
4. cats
5. dogs
- 6.
7. bna family
8. god
9. houses
- 10.
11. lips
12. fries
13. love
- 14.
15. wahmu/s
- 16.
- 17.

At the age of six, my daughter Mykala wrote these things fifteen years ago. I recall it having been one of those things that kids are given in church, folded into the bulletin, to occupy their minds and keep them quiet and still (just and assumption). Or possibly a Sunday school activity. Experience tells me not all six-year-olds give you the sense of innocence, but I believe all six-year-olds have their innocent moments, and this was definitely a product of one of hers. As I read through this list of things for which my daughter was thankful – I had to admit that when it comes down to either being thankful or not, I overlook many of these things for which I too am truly thankful! I am thankful for lips, fries, love, “b-n-a family” and God. And I am so thankful for the HDHS students, staff and our community.

So, when we find ourselves burdened by the stress and busyness of life, maybe it's time to create a list of things for which we are thankful. Peering at the simplest of items, those we often take for granted, when viewed as a loss become priceless treasures.

This fifteen-year-old list of my daughter's had been my reminder to be thankful always, in all circumstances.

News

As we begin a new semester at HDHS:

- Continue support for our students in the many activities they are in
- Look for a new Good Conduct Policy adoption
- MAP testing will begin January 5
- We will begin discussions on assessing, measuring and giving feedback on employability skills
- Parent/Teacher conferences (March 6 & 7) will again be scheduled online as there was positive feedback with this change in the fall

BOARD OF EDUCATION

Ronald Raney – President

Stacy Miller - Vice President

Tom Birdsell

Thomas Brolsma

Chad Hanson

Erran Miller

Jeff Rosenberg

Lisa Lewis – Secretary/Treasurer

High School Counselor Update

Submitted by Tricia Christiansen

Federal financial Aid (FAFSA) forms are available online at www.fafsa.gov. There is free local 1:1 FAFSA assistance available by calling Val Gonzalez at 456-5668. Additionally great websites for financial aid assistance are www.managingcollegecost.com, which offers video tutorials in more than 30 financial areas, and www.iowacollegeaid.org.

Senior Scholarships...With graduation a few months away, it's time to really hit the scholarship applications hard. Local Hampton-Dumont Scholarship Fund (HDSF) applications can be found on the guidance page of school fusion. Seniors will complete this application and email it to me (tchristiansen@hdcsd.org). Once this single application is submitted and returned, copies are made and distributed to approximately 50 different scholarship donors to make their selection. Additionally all students who complete the application will receive a guaranteed scholarship from the Foster and Evelyn Barkema Charitable Trust. The deadline to turn in applications is January 31. **Senior Awards Night is Wednesday, May 17 at 7 pm.** Mark your calendars now.

Remember to check with your college about scholarships they offer. Many of the scholarship applications are on their school websites. For example, ISU offers the Christina Hixson Opportunity Award. This scholarship is worth \$10,000 and is given to one student in EACH IOWA COUNTY. Go to www.iastate.edu to apply.

The local scholarship booklet in my office is a great tool as many state and area scholarships are included, with deadlines are fast approaching. Juniors may also want to look online at a copy of this booklet and use it as a reference in planning for next year.

Other scholarship resources include www.ihaveaplaniowa.gov, www.fastweb.com, www.finaid.org, and www.ICANSucceed.org/scholarships. Also be sure to check out the "Wacky Wednesday" scholarship each week on the H-D High School Facebook page.

Junior Scholarships...However, juniors also have the opportunity to begin applying for scholarships. Applications are available for the 2014 Herbert Hoover Uncommon Student Award, a \$5,000 scholarship program for Iowa high school juniors. Students chosen for the program receive a \$750 stipend. In addition, three \$5,000 scholarships are awarded for post-secondary study.

The award program seeks to identify students during their junior year in high school. Students are NOT evaluated on the basis of grades, test scores, essays, or financial need. Applicants submit a proposal for a goal they want to accomplish. Approximately 15 students are selected each year on the basis of their stated project goal and detailed plans to reach that goal.

The postmark deadline is March 31. For more information or an application, visit www.hooverassociation.org, or pick up an application from the guidance office.

REC Youth Trip to DC...Franklin County REC is sponsoring a trip for one current sophomore or junior to Washington DC this summer. Students will join 1600 other students from across the country for the

2017 Iowa Youth Tour June 9-15. Students will meet Iowa's members of Congress, tour historic sights, take a boat cruise on the Potomac, visit the Smithsonian museums, make new friends, sharpen leadership skills and have fun. Applications are available by contacting Christy Mason at REC at 456-2557.



Lets Learn Together! The Hampton Dumont Community School has a vision and a mission to enhance collaboration and communication both inside and outside of the classroom.

This past summer a team of teachers, students and administrators, reviewed several learning systems and choose **Schoolology**. Students, teachers and staff have been learning and using the tool since the first day of school.

When students are asked about **Schoolology** you might hear them say...

I like it!

We blog about something we are learning in class, and learn from each other. We can LIKE comments, similar to Facebook.

*I can hand in my homework on **Schoolology**...*

I like the calendar, and when teachers share their Plan Book....

It's easier to use than what we used to use....

One of the reasons **Schoolology** was the choice of the team, was because there was an option to have parent access accounts. You are very important and influential to student learning. It is essential that parents are involved and connected with their student and the school.

We are ready to launch parent **Schoolology** accounts, keeping with our vision/mission to communicate and collaborate both inside and outside of the classroom. In an effort to make access easy to Schoolology, we have created parent accounts using information from PowerSchool.

You will be receiving a letter in the mail with your username and password and instructions. If you don't receive this information by January 16th, the beginning of second semester, please contact support @hdcsd.org

We look forward to connecting with YOU!!!

DARE to Dream

by 5th grade

Tuesday, November 22, was a big day for the fifth graders. That was the day that they officially graduated from D.A.R.E. It was the culmination of ten weeks of instruction by Chief Bob Schaefer. The students learned that D.A.R.E. stands for Define, Assess, Respond, and Evaluate.

The skills that they learned in D.A.R.E. class are skills that can be used in many situations. The four steps represent the D.A.R.E. Decision-Making Model.

Students were presented with situations where they had to practice the decision-making model. They learned that it is not always easy to make a good choice when their peers are involved.

The students learned various resistance strategies. They learned that they could avoid the situation, they have strength in numbers, they could walk away, they can say no while giving a reason, and they can change the subject. They would role-play each of these strategies in groups.

D.A.R.E. also taught the students how to look for signs of stress. Then they found activities that help them to alleviate their stress. Chief Schaefer taught them that they need to be confident when they communicate.

They need to make sure that their body language matches what they are saying. One of the final topics was bullying. They were taught how to report bullying and how they can help in various situations. As fifth grader Paris Wickwire stated, "DARE teaches you that you can say no to drugs and smoking. My favorite part was the D.A.R.E. role models."

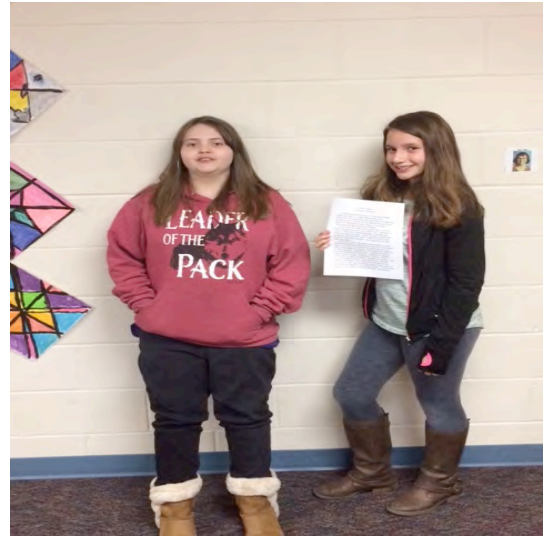
The D.A.R.E. role models were a big hit with all the fifth graders. The last class session we had four high school students come and talk about their experiences.



Emilio Valenzuela, Meg Christiansen, Ally Hanson, and Max Aalbers were the D.A.R.E. role models who spoke to the fifth graders about how they make decisions. They answered questions from the students about the strategies they use to resist bad situations. The role models ate lunch with the students and went out to recess with them.

The final activity was the graduation. The D.A.R.E. role models were there and Mr. Madson, the high school principal, spoke to the students. Two fifth graders will represent the class at the state convention. Ellianna Ragsdale won the essay contest and Faith Krull won the poster contest. We wish these two well at the state level.

Our hope is that the skills the fifth graders have learned in D.A.R.E. class will help them in their decision-making.



PBIS Coming to North Side & South Side

Submitted by Robin Maas

North Side and South Side Elementary buildings are excited to join the Middle School in the implementation of Positive Behavior Interventions and Supports, or, PBIS. The elementary is in the beginning stages and is in year one of program development and training for the staff.

PBIS emphasizes a school wide approach to defining and teaching student behaviors, or at the elementary, behaviors that show "The Bulldog Way". Both elementary buildings will be adopting BARK: Be safe, Act responsible, Respect others and Keep working hard. PBIS focuses on a proactive approach to teaching behavioral expectations to all students rather than only taking a disciplinary approach.

PBIS aligns with the Hampton-Dumont mission statement "The mission of the Hampton-Dumont Community School District is to create a safe, caring culture of high expectations where all reach their greatest potential". The Bulldog Way will allow for staff and students to know what is expected in all locations of the building with safety and respect for all as a focus.

Keep watching for more information in the upcoming months!

SOME IMAGES @ WWW.CLIPART.COM

Library Update

By Christine Jacobs, District Librarian

Both North Side and South Side students in grades K-2 have been conducting animal research. With guidance, students read non-fiction animal books, answered questions, and discussed citations. What is copyright? What is plagiarism? These are big words for young children, yet they know what "right" and "wrong" is, and they clearly understand the importance of showing where they got their information and writing page numbers down, etc. Third graders have been spending their library time using Destiny, locating different types of books, genres, and categories pertaining to each book title. These students have begun to hunt for specific types of books in the library. They have enjoyed a library BINGO and a book hunt game these past several weeks.

Students in grades four and five have been doing very similar work with that of third graders. Fourth graders are getting more and more acquainted to a new library setting since last year, as things are different from South Side Elementary. There is a section in the library called Books to Movies (BTM's).

Students can read popular book titles that are also movie titles. While there are not movies for students to check out per se, they can read the books and compare and contrast the two should they have a chance to watch a movie that is also a book in the middle school library. Students can also take a look at newspapers (The Hampton Chronicle and the Globe Gazette), utilize playaways, and find a new selection of magazines and books. There is so much to learn!



Students in grades sixth through twelfth grade have received or will be receiving soon, instruction on the following topics before Christmas break: research/Ebsco, inter-library loan searching, digital citizenship, and copyright review. New information about these topics can be found on our library website homepage: <http://hampton-dumontschoolibraries.weebly.com/>.

Library Donations:

We welcome new or gently used books, preferably hardcover, and suitable for our collections. Not all donations will be acceptable as we have specific material selection criteria that the books must follow. Special thanks to the following individuals for donating books and/or supplies to our school libraries:

North Side/South Side Elementary:

Lincoln Hansen
Karli Hansen
North Side Staff
South Side Staff

Middle School:

Claire Tauro

High School:

Carson Ode (Des Moines Author)



3rd Grade Physics

Submitted by Terri McWilliams

A new physics unit, Forces and Motion, is quickly becoming a favorite among third graders. Through investigations they have observed how magnets attract and repel, how gravity always pulls toward the center of the Earth, and how the motion of objects can change when they roll and spin. In learning new concepts students are given a focus question, they make predictions, and complete an investigation. They take notes and sketch what they observe in their science notebooks. Finally, they discuss what they have discovered and answer the focus question. They are very eager scientists!

In one of our investigations every student made a paper "twirly bird" and labeled it as the standard. They tested how it twirled and fell to the ground when standing on a chair and letting it go. They then added an assigned variable and compared it to their standard. One group shortened the wings, the other



group added a paper clip to the stem. Next, students created their own variable, wrote their own focus questions, made predictions, and then studied how the variables changed the twirly birds' flight. They discussed their outcomes with the class.

In the photos below students are comparing their standard twirly birds to the ones that they added a variable to. They learned why it is important to add one variable at a time and have become experts at making predictions and finding answers to their focus questions. Our new science curriculum explains, "It's not so much about being right or wrong, it's about thinking 'Why did that happen?' Sometimes wrong predictions can lead to great discoveries because those surprises prompt scientists to be even more curious about what's going on and to ask more questions." (Foss, Next Generation, University of California, Berkeley)

Our final investigation will give students a chance to design and redesign rolling carts to meet various challenges as they learn about engineering practices. It is very exciting to see our young scientists working together with so much curiosity and enthusiasm!

Kindergarten Art

by Amira Kass

North Side kindergarten students have been hard at work in art. Students learned all about shapes, contour



drawings, and how to paint with watercolors. To begin, students were taught how to draw a square, circle, and triangle. Each student was given three pieces of paper.

In the middle of each paper students drew one of the shapes. Next, they drew the same shape around it, making sure to make it a little larger. Students continued this process until they had four shapes on their paper. Kindergarten students completed the project by adding watercolor paint to their contour shape drawings. The bright paint really made the shapes pop! Great job, Kindergarten!



Nondiscrimination Policy Statement:

It is the policy of the Hampton-Dumont Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Jen Koenen, Curriculum Director, 601 12th Ave. NE, Hampton, Iowa, 50441, (641) 456-2175, jkoenen@hdcscd.org.

Póliza No-discriminación:

Es la póliza del Distrito Escolar Comunitario de Hampton-Dumont de no discriminar basados en la raza, color, nacionalidad original, sexo, discapacidad, religión, credo, edad (para el empleo), estado civil (para programas), orientación sexual, identidad de género y el nivel socioeconómico (para programas) en sus programas educativos y sus prácticas de empleo. Existe un procedimiento de quejas para procesar las quejas de discriminación. Si usted tiene preguntas o una queja relacionada con esta póliza, por favor comuníquese con el Coordinador de Equidad del distrito, Jen Koenen, Directora de Currículo, 601 12th Ave. NE, Hampton, Iowa, (641) 456-2175, jkoenen@hdcscd.org.

Spread the Joy, Share the Love!!

Mrs. Buseman and her third graders

Each week, a third grade classroom visits a care facility in Hampton. Partnering with a care facility has been in existence for quite some time at H-D. My class visits the Hampton Rehabilitation Center in Hampton the first



Tuesday of each month for thirty minutes. Not only do the residents benefit from visits from people outside of their facility, but the educational experiences that my students are learning are invaluable. I provide the activity every other month, with the activity director providing the activity the other times. The activities may include, but are not limited to: bingo, word searches, reader's theatre, singing, math games, puzzle sheets, etc. My students are on a first-name basis with their friends and many times seek out the same adult friend to visit with each month. The interaction that takes place between "big friends" and "little friends" is priceless.

During our last visit in December, we "SPREAD THE JOY, SHARED THE LOVE" with the residents. I did a lesson in my classroom prior to the visit on how it is more blessed to give than to receive. We then

made cards with the "spread the joy, share the love" message on each one. My students then attached these cards onto candy canes. As soon as we entered the Rehabilitation Center, my students couldn't wait to start spreading the joy with each and every person working or living at the facility. Many of the residents had the candy canes attached to their walkers or wheelchairs. I don't know whose smiles were bigger that day...the residents' or my students'!!! Spread the joy...share the love...



Teacher Leadership and Compensation at Hampton-Dumont

Submitted by Nicki Prantner, Alexis Vosburg, and Deb Meade

Community members may have heard of the TLC program at Hampton-Dumont. This is our second year in the Teacher Leadership and Compensation program. The Teacher Leadership team currently includes classroom teachers, three Instructional Collaborators, six Lead Learners, three Mentor Teachers, and eighteen PLC Coaches. Individual roles and responsibilities are shown on the chart below. As a result of this initiative, teachers across the district are able to collaborate to ensure all students reach their greatest potential.

Classroom Teachers	PLC Coaches	Mentor Teachers	Lead Learners	Instructional Collaborators
Plan, prepare, and teach lessons Set Learning Targets Guide students toward goals Build relationships and communicate with students, staff, and families Monitor/adjust/differentiate instruction Plan and adjust assessments Assess student work Participate in meetings and professional development Engage in continuous growth opportunities Maintain confidentiality with professional relationships and records	Facilitate the PLC team Plan and prepare for the team's work each week through use of protocols and norms Facilitate analysis of assessment, data Support district initiatives of peer reviewed lessons/units Help facilitate and sustain the authentic professional learning community Communicate with teachers, curriculum coordinator, teacher leaders, and administration Maintain record keeping of PLC minutes	Support and guide 1st and 2nd year teachers Support teachers in maintaining quality universal instruction Guide teachers in classroom management, organization, and procedures Assist new teachers with building protocols Model use of quality technology tools Act as a supportive sounding board for new ideas and teaching strategies Establish the importance of developing positive relationships with students, parents, colleagues, and the community	Encourage and support peer observations Share professional strengths with colleagues Collaborate with teachers to develop assessments, lessons and units based on curriculum standards Create and/or model differentiated instructional strategies based on data Engage in extended continuous professional growth opportunities Provide PD support Collaborate with PLC coaches to analyze student data and select instructional strategies	Assist in goal setting around standards, planning preparing, and delivering instruction through student centered coaching cycles Facilitate reflection on classroom practice Network across the district Assist with alignment of districtwide curriculum Plan and assist with professional development Support staff with implementation of instructional strategies and resources Collaborate with PLC teams to analyze student data and select instructional strategies

PUBLIC RELATIONS

Submitted by Jessica Hambly



This fall customer service training was offered to all building secretaries, HR, Administrators and district office employees. This training was conducted by Don McKee of DMC Consulting. Don's training focused on identifying behavioral styles and strengths. The first session was held August 5th and helped each participant understand how and why they communicate effectively with some people and not as well with others.

The second session on November 9th dealt with learning how to strategically use these styles and how to apply them to our everyday interactions. The class concluded with a list of key characteristics that great support staff offer and how each participant would rate their use of these traits. This class offered great insight into our everyday actions and stressed how important perception is when dealing with the public, students and other staff members.

Finally, we followed up the training for another session on December 7th where the team got together and reviewed and revised our key characteristics. We will follow up with continuing to rate ourselves and finding areas we want to learn and grow.

Those who participated...

Sue Rodemeyer, Jen Walton, Steve Madson (High School Office); Verla Pecha, Tina Craig, Tony Spradlin (Middle School Office), Jodi Wohlford, Pam Brass, Ellen Pickhinke (South Side Office); Jessica Hambly, Brenda Espejo & Ellen :) (North Side Office); Shelleen Elling, Lisa Lewis, Julie Lind, Anne Jorgensen, Todd Lettow (District Office).

H-D Activities

by Will Azinger

Now that the winter sports season is fully underway, many activities are taking place on a weekly basis here at Hampton-Dumont, and elsewhere throughout the area. I want to take an opportunity to Thank You for the Positive Sportsmanship you have displayed.

Thank You for supporting the ideals of educational activities that we offer the young people of our community. Though many of the events we offer are competitive, they are also an educational experience for the participants. All of us in attendance must remember that when these events become frustrating, for whatever reason, that we continue to be good role models and display the sporting behavior educational activities are intended to teach. Let's continue to be exemplary examples for these young people as we respect those participating and those working the events. AGAIN, THANK YOU!!

You will find in this newsletter some information on how to become a registered official in the state of Iowa. Iowa is facing a shortage of officials for many of the programs we offer. Combine this with the fact that many of the registered officials in Iowa are reaching retirement age; it is getting tougher and tougher to hire quality officials. In fact many times, we must hire them 1 – 2 years in advance.

Do you realize that here at HD we pay officials roughly \$30 per hour for their efforts (sometimes more). If you're knowledgeable in a sport(s), if you want to be a positive influence for young people, if you want to find a way to get involved or re-involved, if you want to become more active in the community, or if maybe you feel you can just "do better", officiating would be a great avenue for you to pursue.

High school age students can also become certified in Iowa. In fact, last winter I had a HS student who could not participate in athletics due to injury so he became a certified wrestling official. We found him a mentor and allowed him to work some of our JH wrestling meets. By season's end he was one of the most sought after JH wrestling officials in Western Iowa.

If you think you would like to learn more about becoming a registered official, follow the instructions on the "How To Become An Official" sheet, or feel free to contact the Activities Office for what opportunities may be available locally.

Middle School Language Arts

Submitted by 6-8 Literacy Team

Happenings in 6th Grade Language

Currently our 6th graders are embarking on a journey using Literature Circles to explore and analyze novels that are chosen using their instructional reading level. Each student has been grouped with a small group of students and they are reading a novel together. Besides reading the novel, the students are discussing their literature with each other. Literature circles are a wonderful way to introduce our sixth graders to quality literature and expose them to many different books.

Our learning target for sixth graders during literature circles is that each student is able to read and comprehend text using a variety of reading strategies which include; questioning text, connecting to the text, making inferences while reading text, visualizing while reading text, and picking out important vocabulary words within their text.

During writing time, our 6th graders are working on writing personal narratives. The 6th grade language arts teachers have been sharing personal narratives with the students that are written by different authors. Each personal narrative shares either a childhood memory, a life changing event, or a lesson that has been learned about the author. Soon they will be publishing their own personal narratives.

Happenings in 7th grade Language

The 7th graders finished up writing a how-to-guide on a topic of their choice right before Thanksgiving and they will soon be writing a research paper relating to a current world topic that is of interest to them.

In 7th grade reading, the students are reading the novel *La Linea*. *La Linea* is written by Ann Jaramillo and it is about two teenagers that are trying to reach the United States and reunite with their parents. It is a story about courage, adventure, and the dangers and risks families endure together. This unit works on multiple comprehension strategies to prepare students for the upcoming Black History Month Literature Circle unit.

Happenings in 8th grade Language

Eighth grade students are working on a summarizing unit during the reading portion of class. In this unit, students are working on identifying main ideas, supporting details, and finally, summarizing a text. Teachers are providing a lot of extra support for this unit, as it can be difficult to grasp. Guided Reading groups have been implemented into the reading block to allow for individualized, additional instruction on this skill.

During writing time, eighth grade students have been working on their Influential Person research papers. We have been focusing on mini-lessons surrounded around important research skills such as note taking, paraphrasing, using credible sources, citing sources, and more. After mini-lesson instruction, students are given ample time in class to write, ask questions, and receive conferencing help from peers and teachers. At the end of the unit, students will give a brief presentation over their influential person, in an effort to prepare them for the speech unit that will be coming up in the Spring.

7th and 8th Grade Einstein

This year several literacy interventions have been added to our seventh and eighth grade Einstein time. If students have been identified, based on their test scores, as having a specific literacy need, they may be placed in one of the following literacy intervention groups during Einstein time: Fluency practice, Vocabulary practice, or Guided Reading instruction. We are excited about these individualized opportunities for growth!

CONDUCT COUNTS

In this EDUCATIONAL INSTITUTION these behaviors are **NOT** acceptable:

- **Disrespectful conduct, including profanity, obscene gestures or comments, offensive remarks of a sexual nature, or other actions that demean individuals or the event.**
Penalty - EJECTION
- **Throwing articles onto the contest area.**
Penalty - EJECTION
- **Entering the contest area in protest or celebration.**
Penalty - EJECTION
- **Physical confrontation involving contest officials, coaches/directors, contestants or spectators.**
Penalty - EJECTION
- **Spectator interference with the event.**
Penalty - EJECTION
- **Jumping up and down on the bleachers.**
Penalty - Warning/EJECTION
- **Use of artificial noisemakers, signs or banners.**
Penalty - Warning / EJECTION
- **Chants or cheers directed at opponents.**
Penalty - Warning/EJECTION



HOW TO BECOME AN OFFICIAL

QUALIFICATIONS

- Must be a high school student or older.
- A thorough understanding of the sport you wish to officiate.
- The ability to interpret and apply rules.

POLICIES

- High school students are eligible to obtain a license and officiate junior high school (7th or 8th graders) contests, but may not officiate senior high (grades 9-12) games (with soccer as an exception).
- An official is required to have a valid IHSAA license to officiate grades 9-12 between member schools in the sports of baseball, basketball, football, cross country, soccer, swimming, wrestling and track and field.
- All officials' licenses expire annually after the state baseball tournament and are renewable for one year, beginning on June 1.
- The required uniform is mandatory for officials working any interscholastic contest between IHSAA member schools. Officials' uniforms may be purchased at The Graphic Edge (1-800-747-9744 or www.thegraphicedge.com), Smitty Officials Apparel, or Honig's Whistle Stop. Refer to the National Federation Rules Book for your sport to determine the specific uniform needs.

EXAMS AND RULES MEETINGS

- All officials must score 75-percent or above on an online exam in the sport(s) for which they intend to officiate. Exams are available online approximately 1 month prior to the starting date of each sport.
- If you fail that exam, you may retake it two more times. If you fail all three, you must wait until the following year to try again. Failing in one sport does not disqualify you from officiating another.
- All officials are required to view an online rules interpretation meeting in their sport(s) before the season begins. Rule meetings are available online approximately 1 month prior to the starting date of each sport.
- New officials are required to attend a clinic within the first 3 years of registration in the sports of football, basketball, baseball and wrestling if they want to be varsity eligible.

HOW TO REGISTER

- From our website (www.iahsaa.org), click on **OFFICIALS**. Once that page opens, click on, **Online Registration Form for New and Re-Registered Officials**.
- Payment can be made online with a Visa, Mastercard or Discover. Fees include rules books, case books, online exam, online rules meeting, liability insurance, and other publications.
- Fees-
 - One sport: \$50
 - Full-time college student or High school student (one sport): \$20
 - Each additional sport: \$12

ONCE YOU'RE AN OFFICIAL...

- Directly contact the athletic directors at area schools for game contracts.
- You are **strongly encouraged** to become a member of a local officials' association where you can receive training, mentoring and assistance in obtaining game contracts. A list of associations can be found under the Officials tab of the IHSAA website.
- Member schools set the officiating fees you receive based on the level of competition, distance to and from the contest, number of contests officiated, and number of officials needed to work the game.

QUESTIONS

Your questions are always welcome. Just give us a call at 515-432-2011. Ask for Lewie or Laura. For IGHSAAU, call 515-288-9741 and ask for Joel.

H-D DISTRICT CONTACTS

Todd D. Lettow
Superintendent
641-456-2175

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Curriculum Director
641-456-2175

Steve G. Madson
High School Principal
641-456-4893

Anthony K. Spradlin
Middle School Principal
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Ellen Pickhinke
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South Side 641-456-2261
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HAMPTON-DUMONT NEWSLETTER

The Hampton-Dumont Community Schools' Newsletter is published bi-monthly and is distributed to every household with a Hampton or Dumont mailing address. Newsletters are also sent to families with students in our school with addresses other than Hampton or Dumont. Call the Superintendent's office to place any additional names on our mailing list.

Mary Ann Fulton, Editor

Visit the Hampton-Dumont website for information on any of the following:



School News, District Information, Administration, Staff, School Buildings, Calendars, Lunch and Breakfast Menus, Parent Information, Links, Communities, and Alumni.

www.hdcsd.org

Hampton-Dumont Community School District
601 12th Ave NE
Hampton, IA 50441-0336

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POSTAL PATRON

Hampton-Dumont Schools January 2017 – Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 	3 JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 vs. Nevada - HERE	4 School Dismisses @ 2:00 Professional Development	5 JV/V Wrestling – 6:30 @ Webster City HS MS Girls' B-Ball – 4:15 vs. Clear Lake 7 th – THERE / 8 th – HERE V Girls'/Boys' B-Ball - 6:15/7:45 @ Charles City	6 JV/V Girls'/Boys' B-Ball 4:30/4:30/6:15/7:45 @ Webster City	7 Show Choir - Parent Preview NCIBA High School Honor Band @ Iowa Central Community College JV/V Wrestling – 10:00 Invitational – HERE @ HS
8	9 JV/V Wrestling – 6:00 Triangular – HERE @ HS MS Boys' B-Ball – 4:15 vs. Clear Lake 7 th – THERE / 8 th – HERE 9 th Girls'/Boys' B-Ball – 6:30 @ Saint Edmond JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 @ Osage	10 MS Wrestling – 4:15 @ Humboldt MS	11 School Dismisses @ 2:00 Professional Development	12 JV/V Wrestling – 6:00 Triangular @ Humboldt HS MS Girls' B-Ball – 4:15 vs. Humboldt 7 th – HERE / 8 th – THERE 9 th Girls'/Boys' B-Ball – 6:30 vs. Humboldt - HERE	13 1 st Semester Ends MS Boys' B-Ball – 4:15 vs. Humboldt 7 th – HERE / 8 th – THERE JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 @ Clarion-Goldfield	14 Show Choir - Parent Preview (snow date) Karl King Honor Band (Grades 6-7) JV/V Wrestling – 9:00 Invitational @ Independence 9 th Boys' B-Ball – 8:30 Tournament - HERE
15	16 NO SCHOOL Professional Development 9 th Girls'/Boys' B-Ball – 6:30 vs. Clarion-Goldfield - HERE	17 2 ND Semester Begins MS Wrestling – 4:15 Meet - HERE @ MS JV/V Girls'/Boys' B-Ball 4:30/4:30/6:15/7:45 @ Clear Lake	18 School Dismisses @ 2:00 Professional Development	19 JV/V Wrestling – 6:00 Triangular – HERE @ HS MS Girls' B-Ball – 4:15 vs. Iowa Falls-Alden 7 th – THERE / 8 th – HERE 7 th Boys' B-Ball – 4:15 vs. Webster City – HERE 9 th Girls'/Boys' B-Ball – 6:30 @ Webster City	20 MS Boys' B-Ball – 4:15 vs. Iowa Falls-Alden 7 th – HERE / 8 th – THERE JV/V Girls'/Boys' B-Ball 4:30/4:30/6:15/7:45 @ Iowa Falls-Alden	21 DCG Show Choir – Contest IHSSA District Speech – Large Group Contest JV/V Wrestling – 10:00 NCC Tournament @ Algona HS 9 th Girls'/Boys' B-Ball – 9:00 vs. West Fork – HERE 9 th JV/V Girls'/Boys' B-Ball 9:00/11:30/12:45/2:00/3:30 vs. West Fork - HERE
22	23 IHSSA Jazz Band Festival MS Girls' B-Ball – 4:15 vs. Clarion-Goldfield 7 th @ THERE / 8 th @ CAL 9 th Girls'/Boys' B-Ball – 6:30 vs. Webster City - HERE	24 MS Wrestling – 4:15 Meet @ Webster City MS 8 th Boys' B-Ball – 4:15 vs. Saint Edmond – HERE JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 vs. Saint Edmond - HERE	25 School Dismisses @ 2:00 Professional Development	26 MS Boys' B-Ball – 4:15 vs. Clarion-Goldfield 7 th – THERE / 8 th @ CAL 9 th /JV Girls'/Boys' B-Ball - 6:30/7:45 vs. South Hardin Girls' – HERE / Boys' - THERE	27 JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 vs. Algona – HERE JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 vs. Algona - HERE	28 V Wrestling – 10:00 Invitational @ Roland-Story HS
29	30 IHSSA Show Choir Festival MS Girls' B-Ball – 4:15 vs. Saint Edmond 7 th – THERE / 8 th – HERE 9 th Girls'/Boys' B-Ball – 6:30 vs. Clear Lake – HERE JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 vs. Forest City - HERE	31 JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 @ Humboldt				

Hampton-Dumont Schools January 2017 – Lunch and Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
NOTE: Fresh fruits & vegetables, whole grain breads & pastas are used whenever possible.	NO SCHOOL	Popcorn Chicken Green Beans Jelly Sandwich <u>Apple Wedge</u> Pancake on Stick Orange Wheels - Juice	Mini Corn Dogs Corn Peanut Butter Sandwich <u>Peaches</u> Breakfast Bar – Toast Mixed Fruit - Juice	Soft Shell Taco Refried Beans Mexican Rice <u>Fruit Cocktail</u> Egg Omelet – Toast Banana - Juice	Chicken Alfredo Broccoli Salad <u>Mandarin Oranges</u> French Toast Sticks – Smokies Apple Wedges - Juice	ALL MEALS INCLUDE MILK AND ARE SUBJECT TO CHANGE. PLEASE NOTE: There is a 50¢ charge for lunch seconds for ALL students.
	8	9	10	11	12	13
	Chicken Strips Mashed Potatoes Carrots - Pears <u>Buttered Sandwich</u> Sausage Gravy & Biscuit (4-12) Cereal & Toast (K-3) Mandarin Oranges - Juice	Fish Sandwich / Cheese Slice Baked Beans Goldfish Crackers <u>Pineapple</u> Scrambled Eggs / Cheese Toast – Peaches - Juice	Creamed Chicken & Biscuit Peas Cottage Cheese <u>Cherry Crisp</u> Sausage Pancake Link Pineapple - Juice	Shrimp Poppers Broccoli Normandy Cheese Stick Buttered Sandwich <u>Fruit Cup</u> Long Johns – Yogurt Pears - Juice	Chili Cinnamon Roll Baby Carrots / Celery <u>Applesauce</u> Sausage Cheese Biscuit Mixed Fruit - Juice	
15	16	17	18	19	20	21
	NO SCHOOL	Chicken & Noodles Peas Wheat Roll <u>Mandarin Oranges</u> Breakfast Pizza Pears - Juice	Hamburger / Bun Hash Brown Glazed Carrots <u>Applesauce</u> Cinnamon Roll Banana - Juice	Flying Saucers (Ham, Potato, Cheese Sauce) Asparagus <u>Pineapple</u> Waffles – Sausage Patty Strawberries - Juice	Pizza Corn Peanut Butter Sandwich (9-12) <u>Peaches</u> Breakfast Cookie – Yogurt Orange Wheels - Juice	
22	23	24	25	26	27	28
	Chili Crispito Mexican Rice - Corn Orange Wheels <u>Peanut Butter Sandwich (K-8)</u> Pancakes – Sausage Patty Applesauce - Juice	Chicken Fajita / Shell Peppers & Onions Green Beans Peas <u>Egg Omelet – Toast</u> Mandarin Oranges - Juice	Chicken Patty / Bun Squash Pineapple <u>Brownie</u> Breakfast Bar – Toast Pears - Juice	Macaroni & Cheese Peas & Carrots Wheat Roll (9-12) <u>Mixed Fruit</u> Yogurt Parfait (4-12) Cereal (K-3) Toast – Banana - Juice	Hot Dog / Bun Baked Beans Warm Apple Slices <u>Scrambled Eggs – Toast</u> Pineapple - Juice	
29	30	31				31
	Ravioli Bread Stick Salad <u>Applesauce</u> French Toast Sticks – Smokies Applesauce - Juice	Chicken Nuggets Muffin Broccoli / Cheese <u>Pineapple</u> Sausage Gravy & Biscuit (4-12) Cereal & Toast (K-3) Peaches - Juice				MUST TAKE 3 ITEMS ONE BEING FRUIT OR VEGETABLE

Hampton-Dumont Schools February 2017 – Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 School Dismisses @ 2:00 Professional Development	2 HS Vocal Pops Concert 7:00 @ CLW Auditorium (9-12) MS Wrestling – TBD Meet @ AGWSR HS MS Girls' B-Ball – 4:15 vs. Iowa Falls-Alden 7 th @ Alden / 8 th – HERE 7 th Boys' B-Ball – 4:15 @ Saint Edmond	3 JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 vs. Webster City - HERE	4 IHSSA State Speech – Large Group Contest NCIBA MS Jazz Clinic @ Clear Lake MS V Wrestling - Sectionals
5	6 IHSMA Jazz Choir Festival MS Girls' B-Ball – 4:15 vs. Webster City 7 th – HERE / 8 th – THERE 9 th Boys' B-Ball – 6:30 @ Iowa Falls-Alden	7 JV/V Girls'/Boys' B-Ball 3:45/5:00/6:15/7:45 vs. Clarion-Goldfield - HERE	8 School Dismisses @ 2:00 Professional Development V Wrestling – 6:00 Regional Dual	9 JV/V Boys' B-Ball – 6:15/7:45 vs. North Butler - HERE	10	11 North Polk Show Choir Contest V Wrestling – Districts V Girls' B-Ball – 3A Regionals
12	13 V Boys' B-Ball - Districts	14 	15 School Dismisses @ 2:00 Professional Development V Wrestling – State Dual @ Wells Fargo (Des Moines) V Girls' B-Ball – 3A Regionals	16 V Boys' B-Ball - Districts	17	18 IHSSA All State Speech – Large Group Festival V Girls' B-Ball – Regional Final
STATE WRESTLING @ WELLS FARGO ARENA / DES MOINES						
19	20 HS Instrumental Pops Concert 7:00 @ CLW Auditorium (9-12)	21 V Boys' B-Ball - Districts	22 School Dismisses @ 2:00 Professional Development	23 NC District District Honor Choir @ NIACC (5-6)	24	25 IHSSA District Speech – Individual Contest V Boys' B-Ball – 2A Substate
26	27 MS Instrumental Pops Concert 7:00 @ CLW Auditorium (5-8)	28				
GIRLS' STATE B-BALL @ WELLS FARGO ARENA / DES MOINES						

Hampton-Dumont Schools

February 2017 – Lunch and Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Corn Dog Peanut Butter Sandwich (6-12) Green Beans <u>Apple Wedges</u> Pancake on Stick Orange Wheels - Juice	2 Popcorn Chicken Mashed Potatoes Broccoli <u>Mandarin Oranges</u> Breakfast Bar – Toast Mixed Fruit - Juice	3 Walking Taco Peanut Butter Sandwich Corn / Black Beans <u>Applesauce</u> Scrambled Eggs - Toast Peaches - Juice	4 <div style="border: 1px solid black; padding: 5px; text-align: center;"> ALL MEALS INCLUDE MILK AND ARE SUBJECT TO CHANGE. PLEASE NOTE: There is a 50¢ charge for lunch seconds for ALL students. </div>
5	6 Chicken Strips Jelly Sandwich Mixed Veggies <u>Pears</u> Egg Omelet – Toast Apple Wedges - Juice	7 Shrimp Poppers Broccoli Normandy Cottage Cheese – Mixed Fruit <u>Buttered Sandwich</u> French Toast Sticks – Smokies Pears - Juice	8 Hot Ham & Cheese Baked Beans Chips <u>Pineapple</u> Cinnamon Roll – Yogurt Peaches - Juice	9 Spaghetti / Meat Sauce French Bread Spinach Salad <u>Peaches</u> Egg & Cheese Biscuit Pineapple - Juice	10 Chicken Fajita / Shell Peppers & Onions Green Beans <u>Mandarin Oranges</u> Breakfast Pizza Banana - Juice	11
12	13 Chic' Penne w/Broccoli Salad Wheat Roll <u>Orange Slices</u> Pancake Sausage Link Applesauce - Juice	14 Chili Crispito Corn Mexican Rice <u>Pears</u> Sausage Gravy & Biscuit (4-12) Cereal & Toast (K-3) Orange Wheels - Juice	15 Chicken Patty / Bun Peas Peaches <u>Pancake on Stick</u> Pineapple - Juice	16 Tenderloin / Bun Tri-Tater Mixed Vegetables <u>Pineapple</u> Breakfast Cookie – Yogurt Peaches - Juice	17 Chili Cinnamon Roll Baby Carrots / Celery <u>Applesauce</u> Pancakes – Sausage Patty Apple Wedge - Juice	18 
NOTE: Fresh fruits & vegetables, whole grain breads & pastas are used whenever possible.	19	20 Cheeseburger / Bun French Fries Baked Beans <u>Apple Wedges</u> Breakfast Bar – Toast Peaches - Juice	21 Creamed Chicken & Biscuit Peas Cottage Cheese <u>Mandarin Oranges</u> Waffles – Sausage Patty Strawberries - Juice	22 Steak Nuggets Green Beans Buttered Sandwich <u>Mixed Fruit</u> Long Johns Mandarin Oranges - Juice	23 Pizza Corn Peanut Butter Sandwich <u>Banana</u> Sausage & Cheese Biscuit Pears - Juice	24 Macaroni & Cheese Wheat Roll Broccoli <u>Pears</u> Scrambled Eggs – Toast Applesauce - Juice
	26	27 Chili Dog Glazed Carrots Chips <u>Strawberries</u> Breakfast Pizza – Pineapple Juice	28 Sloppy Joe / Bun Potato Wedges Baked Beans <u>Pineapple</u> French Toast Sticks Smokies – Mixed Fruit - Juice			25 <div style="border: 1px solid black; padding: 5px; text-align: center;"> MUST TAKE 3 ITEMS ONE BEING FRUIT OR VEGETABLE </div>