



HAMPTON-DUMONT COMMUNITY SCHOOL DISTRICT

Newsletter
AUGUST / SEPTEMBER / OCTOBER
2016

2016-2017 HAMPTON-DUMONT STUDENT REGISTRATION INFORMATION

Online student registration with electronic payment for all fees will be available on **August 1, 2016.**

New Users/ Students:

- *New students and transfer students must visit their respective buildings during business hours.*
- *New students will also need to create a "single sign on account" in PowerSchool to allow access to online eRegistration.*

Computer access will be available on the scheduled dates and times listed below. (Computer access is also available at the Hampton & Dumont Public Libraries.)

HIGH SCHOOL:	Thursday, August 9	12 noon – 6 p.m.
MIDDLE SCHOOL:	Wednesday, August 10	12 noon – 6 p.m.
SOUTH SIDE:	Tuesday, August 4	12 noon – 6 p.m.
NORTH SIDE:	Monday, August 8	12 noon - 6 p.m.

REMINDERS:

- *Preschool students must E-register.*
- *Contact building secretaries with questions.*
- *Please review and update your student's Payscale information.*
- *Please print off necessary forms for your student's individual building.*

2016-2017 HAMPTON-DUMONT INFORMACIÓN DE REGISTRO ESTUDIANTIL

Registro de estudiantes en línea con el pago electrónico de todos los honorarios estará disponible el **1 de agosto de 2016.**

Nuevos usuarios / alumnos:

- *Los nuevos estudiantes y estudiantes de transferencia deben visitar a sus respectivos edificios durante las horas de oficina.*
- *Los nuevos estudiantes también tendrán que crear un "registro único en la cuenta" en Power School para permitir el acceso a eRegistration en línea.*

Acceso al ordenador estará disponible en las fechas y horas de celebración se enumeran a continuación. (Acceso por ordenador también está disponible en el Hampton y Dumont Bibliotecas Públicas).

SECUNDARIA:	Jueves 9 de agosto de las 12 horas - 6 p.m.
SECUNDARIA:	Miércoles 10 de agosto de las 12 horas - 6 p.m.
LADO SUR:	Martes 4 de agosto de las 12 horas - 6 p.m.
LADO NORTE:	Lunes 8 de agosto de las 12 horas - 6 p.m.

RECORDATORIO:

- *Los estudiantes preescolares deben Registro electrónico.*
- *secretarias de contacto del edificio con preguntas.*
- *Por favor, revisar y actualizar la información Payscale de su estudiante.*
- *Por favor, imprimir formularios necesarios para la construcción individual de su estudiante.*

MIDDLE SCHOOL / HIGH SCHOOL DATES TO REMEMBER:

4th & 5th Grade: Pre-Conferences – Wednesday, August – 11:00-7:00
(set up ahead of time)

Students meet teachers, see classrooms, get lockers assignments and look around school.

6th Grade: Open House – Monday, August 22 – 5:30-7:30

7th & 8th Grade: Open House & Computer Rollout
Wednesday, August 24 - 5:30-7:30 p.m.

This is a mandatory meeting that all students and parents must attend before the students receive their computer for the school year.

Laptop rollout for High School students: Wednesday, August 24
During 1st Period

ESCUELA MEDIA / SECUNDARIA FECHAS PARA RECORDAR:

4º y 5º Grado: Pre-Conferencias - Miércoles Agosto - 11: 00-7: 00
(Establecido de antemano)

Los estudiantes se reúnen profesores, aulas ver, reciben asignaciones taquillas y se ven alrededor de la escuela.

6to Grado: Casa Abierta - Lunes 22 de Agosto - 5: 30-7: 30

7º y 8º Grado: Casa Abierta y Despliegue del ordenador
Cerrado miércoles, 24 de Agosto - 5: 30-7: 30 pm

Esta es una reunión obligatoria que todos los estudiantes y los padres deben asistir antes de que los estudiantes reciben su equipo para el año escolar.

Despliegue del ordenador portátil para estudiantes de secundaria:
Miércoles 24 de de agosto pasado 1er Periodo

The mission of Hampton-Dumont Community School District is to create a safe, caring culture of high expectations where all reach their greatest potential.

Statements of Policy

Student Directory Information

The Hampton-Dumont Community School District's principals' and/or directors' offices may release the following types of directory information to the public using discretion relative to the privacy of the student and the family and the totality of the surrounding circumstance: name, address, telephone listing, date and place of birth, major field of study, participation in officially recognized activities and sports, weigh and height of members of athletic teams dates of attendance, degrees and awards received, and the most previous school or institution attended.

Release of Information & Photographs

In the Hampton-Dumont Community School District, photographs or likenesses may be released without consent. Objection to this policy should be made, in writing, by September 15, 2016 (or within 2 weeks of the student's enrollment should it occur after this date). Address requests to Todd D. Lettow, Superintendent of Schools, Hampton-Dumont Community School District, 601 12th Ave NE, Hampton, IA 50441.

Homeless Students

In accordance with Chapter 33, Iowa Administrative Code, the Hampton-Dumont Community School District encourages homeless children and youth to enroll in school. For further details contact Joel Heuer, Homeless Youth Contact, Hampton-Dumont Community School District, 101 12th Ave NW, Hampton, IA 50441, (641) 456-4893.

A homeless child or youth is defined as a child or youth from the age of 3 years through 21 years who lacks a fixed, regular, and adequate nighttime residence and includes the following:

- 1) A child or youth who is sharing the housing of other persons due to loss of housing, economic hardship, or a similar reason; is living in a motel, hotel, trailer park, or camping grounds due to the lack of alternative adequate accommodations; is living in an emergency or transitional shelter; is abandoned in a hospital; or is awaiting foster care placement;
- 2) A child or youth who has a primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings;
- 3) A child or youth who is living in a car, park, public space, abandoned building, substandard housing, bus or train station, or similar setting; or
- 4) A migratory child or youth who qualifies as homeless because the child or youth is living in circumstances described in paragraphs "1" through "3" above.

Open Enrollment Information

Parents/guardians considering the use of the open enrollment option to enroll their children in a another public school district in the state of Iowa should be aware of the following dates: March 1, 2017, is the deadline for regular open enrollment requests and September 1, 2017, is the deadline for kindergarten open enrollment requests for kindergarten students for the 2016-2017 school year or those students falling under the "good cause" definition.

Parents/guardians of open enrollment students whose income falls below 160% of the federal poverty guidelines are eligible for transportation for transportation assistance. This may be in the form of actual transportation or in the form of a cash stipend. Parents should be aware that open enrollment may result in the loss of athletic eligibility. For further details contact Todd D. Lettow, Superintendent of Schools, Hampton-Dumont Community School District, 601 12th Ave. NE, Hampton, IA 50441.

Asbestos Notification for the 2016-2017 School Year

Asbestos has been an issue of concern for many years. The Asbestos Hazard Emergency Response Act of 1986 (AHERA) was designed to determine the extent of asbestos concerns in the schools and to act as a guide in formulation asbestos, management policies for the schools. The school

district facilities have been inspected by a certified asbestos inspector as required by AHERA. The inspector located, sampled and determined the condition and hazard potential of all

material in the school facilities suspected of containing asbestos. The inspection and laboratory analysis records form the basis of the asbestos management plan.

A certified management planner has developed an asbestos management plan for the school district facilities which includes: notification letters, training for employees, a set of procedures designed to minimize the disturbance of asbestos-containing materials, and plans for regular surveillance of the materials. A copy of the management plan is available for inspection in the office of each school.

Educational Records

Student records containing personally identifiable information, except for directory information, are confidential. For a complete copy of the school district's policy on student records or the procedure for filing a complaint, contact the board secretary, in the central administration office.

The family Educational Rights and Privacy Act (FERPA) affords parents and students over 18 year of age ("eligible students") certain rights with the respect to the student's education records.

They are:

- *The right to inspect and review the student's education records within 45 days of receipt of the request.*

Parents or eligible students should submit to the school principal (or appropriate school official) a written request that identifies the record(s) they wish to inspect. The principal will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.

- *The right to request the amendment of the student's education records that the parent or eligible student believes are inaccurate or misleading.*

Parents or eligible students may ask the school district to amend a record that they believe is inaccurate. They should write the school principal and clearly identify the part of the record that want changed, and specify why it is inaccurate. If the district decides not to amend the record as requested by the parent or eligible student, the school will notify the parent or eligible student of the decision and advise them of their right to a hearing regarding the request for amendment. Additional information regarding with hearing procedure will be provided to the parent or eligible student when notifies of the right to a hearing.

- *The right to consent to disclosures of personally identifiable information contained in the student's education records, except to the extent that FERPA authorizes disclosure without consent.*

One exception, which permits disclosure without consent, is disclosure to school officials with legitimate educational interests. A school official is a person employed by the district as an administrator, supervisor, instructor, or support staff member (including health or medical staff, law enforcement unit, personnel and certain volunteers); a person serving on the school board; a person or company with whom the district has contracted to perform a special task (such as an attorney, auditor, AEA employees, medical consultant, or therapist) or a parent or student serving on an official committee, such as a disciplinary or grievance committee or student assistance team, or assisting another school official in performing his or her tasks. A school official has a legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibility.

Upon request, the district discloses educational records without consent to officials of another school district in which a student seeks or intends to enroll.

- *The right to file a complaint with the U.S. Department of Education concerning alleged failures by the district to comply with the requirements of FERPA.*

The name and address of the office that administers FERPA are: Family Policy Compliance Office, U.S. Department of Education, 400 Mary land Ave. SW, Washington D.C. 202-4605 or visit their website at:

HYPERLINK

"<http://www2.ed.gov/policy/gen/guid/fpco/ferpa/index.html>"
<http://www2.ed.gov/policy/gen/guid/fpco/ferpa/index.html> for more information.

North Side / South Side Elementary: Ellen Pickhinke, Principal

H-D Middle School: Anthony Spradlin, Principal

H-D High School: Steve Madson, Principal

Water Testing

The Iowa Department of Public Health requires school districts to conduct testing of all water coolers and fountains for lead-containing sediments. The Hampton-Dumont Community School District has completed the required testing of all district water coolers and fountains. All water dispensers have been identified below 20 ppb (0.020 mg/liter), as required by law. Additional information regarding specific testing results may be obtained by contacting Mr. Marlin Smith, Building & Grounds Director, at (641)456-4893.

Race and Ethnicity Federal and State Requirements

Recently, the federal government changed the process for identifying personal race and ethnicity. The changes allow individuals to more accurately identify themselves, and it also matches the race and ethnicity data collections on all other federal reporting, like the Census. Updating of our district's current race and ethnicity data is required. All schools in Iowa will report student data to the Iowa Department of Education using new categories.

Currently, Hampton Dumont Community School asks families to provide information on students' race and ethnicity at the time of enrollment. We ask all families to update information on their children's ethnicity and race during the registration process and every three years thereafter. Information will be provided in student registration packets, which will further explain the selection of your child's race/ethnicity. The district is required to report this data to both the federal and state government; regulations do not permit the district to leave the space blank. For further details contact Teresa Peterson, H-D Technology Director, 101 12th Ave NW, Hampton, IA 50441.

Annual Notice of Non-Discrimination

The Hampton-Dumont Community School District offers career and technical programs in the following areas of study:

- Agricultural Education
- Business Education
- Family and Consumer Sciences Education
- Industrial Education

It is the policy of the Hampton-Dumont Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact:

Equity Coordinator: Jen Koenen, Curriculum Director
Hampton-Dumont District Administration Office
601 12th Avenue NE
Hampton, IA 50441-1169
[641-456-2175](tel:6414562175)



Elementary and Preschool News South Side / North Side Ellen Pickhinke, Principal

On behalf of all teachers and staff at both North Side and South Side buildings, I want to welcome our returning students and to our new students who will be joining our school district this fall. All faces and names will be new to me as I am new to this district, but not new to education. I look forward to meeting all of you throughout the school year. Please stop by either school if you would like to visit or have any questions.

In order to have all the latest information and calendar dates, go to the school district website: www.hdcscd.org. You may also want to go to the elementary Facebook page for upcoming events and school news: Once in Facebook, go to Hampton-Dumont Elementary Schools for information for both North Side and South Side buildings

Building Update

After walking through buildings this summer, they are really starting to sparkle and shine. Our custodial staff has worked very hard getting our buildings and rooms ready for our students. Both buildings and facilities had had further improvements and they look great.

North Side School will once again be serving those students in Preschool, Kindergarten Prep, and Kindergarten. We will have a few new staff joining us that are excited to meet all of you. One of the newest members of our team is Jessica Hambly. Mrs. Hambly will be our new secretary this year. Please take time to stop in the office to introduce yourself and your child.

At South Side, we will serve students in 1st, 2nd and 3rd grade. We will also have some new staff at South Side. We look forward to having your children in our school and meeting with all of you before school begins. Please note the times as follows.

Before School Conferences and 1st Day of School for Grades ECSE, Kindergarten Prep, Kindergarten and grades 1-3

Before-School Conferences: Before School Conferences will be held for ALL students entering both North Side and South Side School. The Before School Conference allows students and parents to meet their teacher, bring their supplies, ask questions and discuss expectations for the upcoming school year. The Before School Conferences will be held on Wednesday, August 24th from 11:00 a.m. – 6:00 p.m. You will be receiving a letter to remind you to register online for your child's Before School Conferences. If you have not or need assistance please call the office at your respective building and the secretary will assist you.

First Day of Classes for ECSE, Kindergarten Prep, Kindergarten, and Grades 1-3

The first day of classes for H-D Kindergarten Prep and ECSE, Kindergarten, and grades 1-3 students will be Thursday, August 25th.

Bullpup Preschool Information

Bullpup Preschool: The first day of classes for students participating in the Bullpup 4-year old Voluntary Preschool and Head Start 3 year old program at North Side will begin on September 6th. Students in Preschool will come Monday, Tuesday, Thursday, and Friday. There is no 4 year old preschool on Wednesdays. Hours for the Bullpup 4 year old program are as follows:

Morning Session

7:45-8:15 Breakfast is served for students whose parents would like them to eat at school. School Session goes from 8:15-11:15. 11:15-11:45 Lunch is served for students whose parents would like them to eat at school.

Afternoon Session

11:45-12:15 Lunch is served for students whose parents would like them to eat at school. School Session goes from 12:15-3:15. Parents will be contacted in late August to schedule a home visit between August 25 and September 2. Head Start will contact parents of students in the 3 year old program and the extended day program for 4 year olds about breakfast, lunch, arrival and dismissal times as well as provide a calendar.

North Side and South Side Arrival / Dismissal Times:

North Side and South Side will begin at 8:15 a.m. in each building. (8:15 for Bullpup Preschool) with the exception of the North Side Head Start 3 year old program which begins at 8:00 and dismisses at 11:30 and the Head Start Extended Day 4 year old program which dismisses at 2:45. More information on the Head Start hours and programs will be sent to parents at a later date. Dismissal of bus students begins each afternoon at 3:15 p.m. with the dismissal of town students beginning shortly after that time. Parents are encouraged to transport their children to school as close to 8:10 a.m. as possible (or 7:45 a.m. if a child is eating breakfast at school). Students who arrive at school excessively early are unsupervised. Those students at any elementary building who are riding a shuttle bus between schools should arrive at the loading area no earlier than 10 minutes before the bus is to depart.

Dismissal Format, Bus Rules, and Traffic Reminders:

South Side Dismissal Request: We begin our dismissal procedures at 3:15 p.m. This involves students being called to line-up in hallways and to be escorted out of the building at various times. In order to assist us with this process, we ask that parents please wait for their children outside of the front doors. This allows for a smoother dismissal with less congestion. North Side Dismissal information will be given at the Before School Conferences or with registration materials.

Bus Rules: Please take some time to discuss with your children the bus rules that are printed in this newsletter. Providing safe transportation to and from school is always a top priority. Remember that bus riding is a privilege which may be revoked. Should students fail to follow the rules appropriately, suspension from the bus will be enforced. Students are expected to stay in their seats the entire time that they are on the bus, keep their hands and feet to themselves, and keep their voices at a quiet level.

South Side Traffic Reminders:

- It is critical that parents and students cross streets at the designated areas and wait for the crossing guards to direct you. Drivers should also wait for the go ahead from the crossing guard.
- Please keep the outside lane of traffic moving at all times and park your car on a side street if you need to go into the building.
- Do not park in areas with white diagonal lines. These areas are reserved for buses.

Please remember that it takes time to get all the buses loaded up since we have students getting off the bus at the school, transferring to another bus, or being loaded at South Side. Many have asked whether the parents can be first to pick up students, but there are students from other grade levels who are picked up as well as their younger siblings, so we have to let the buses load first before sending the walkers and riders out. If you don't want a lengthy wait, you may want to come a little later to pick up your children after the buses have left.

I am honored and excited to serve as your child's principal this year. If you have any questions or concerns throughout the year, please contact the secretary at the building your child attends.

North Side 456-4481

South Side 456-2261

Middle School News

Anthony K. Spradlin, Principal

To kick off the 2016-17 school year, I want to start off by welcoming everyone back and saying hello to all new students and parents who are beginning the journey through the Hampton-Dumont Middle School years. If you have any concerns, please contact us immediately at the middle school so we can work together in addressing whatever concerns you may have. We have been working diligently this year hiring the best teachers to fill many open positions. The new staff members consist of: Mr. William Azinger as the middle school and high school activities director, Mr. Carl Kurth teaching 7th & 8th grade instrumental music, Mrs. Melissa Bliss teaching 7th grade reading and language arts, Mrs. Kelli Showalter teaching fifth grade, Mr. Cory Quail teaching fifth grade, Mrs. Jori Showalter teaching fourth grade, and lastly Mr. Stacey Jones is taking Vern's place as the head custodian and supplemental maintenance staff member. Mr. Brandon Bird is making a move to the 6th grade this year to teach math.

I am very excited to get this year started on the right foot by meeting many new faces, reconnecting with all of you who have been here, and hearing your fun summer stories. We will be having our 6th grade open house on Monday August 22nd from 5:30-7:30. Our 4th and 5th grade will be holding pre-conferences on August 24th from 11:00 a.m. – 7:00 p.m. (set up ahead of time) where students meet their teachers, see their classrooms, get their lockers, and look around the middle school. The 7th/8th grade students will have an open house/computer roll out on August 24th from 5:30-7:30. **This is a mandatory meeting that all students and parents must attend before the students receive their computer for the school year.**

We will continue to use "Einstein Time" to reinforce reading and math skills in the middle school, and will continue to utilize our "Success Center" to assist anyone needing some additional help with school work, or to just have a quiet place to work after school. We appreciate all of the work you do as a community, and parents to support the school and the hard work you put in at home with your sons/daughters. For that, I want to personally thank all of you. I also want to say thank you for allowing us to work with your sons / daughters every day. Our motto at Hampton-Dumont is "Excellence Every Day," and I promise you that we will continue to strive for excellence in all of the work we do with your children. We look forward to getting classes started back up on August 24th.

Middle School student drop off and pick up

We started a new pick up and drop off system at the middle school last year. It has gone extremely well and has cut down on the traffic for, both, the pick up at the end of the day and the drop off in the mornings. For any folks that are new to the middle school, I want to take time to explain how you will be dropping off and picking up your children before and after school this coming school year. The 4th and 5th grade students will be dropped off in the back of the middle school (unless you have kids in multiple grades 4th-8th). These students will enter the building through the back door after you drop them off. All 6th-8th grade students will be dropped off/picked up in the front as we have always done. When dropping off and picking up in the front, please pull up to the curb in our drop off/pick up lane. The middle lane is to drive through, **PLEASE DON'T STOP IN THE MIDDLE LANE TO DROP OFF YOUR CHILDREN.** If you have children in multiple grades, you may drop off in the

front or the back. You do not have to make two separate stops. This pick up/drop off process only pertains to the morning before school starts and after school is dismissed at the end of the day. If you are picking your child up or dropping them off after the morning or afternoon start/end times, you will pick up and drop off in the front of the building. For safety purposes, our students must exit and enter the building from the front after beginning and ending the school day.

Middle School Safety

We are installing a new security camera system inside and outside of the middle school to further enhance the safety of all students and we are updating our security entry into the building. All parents/guardians/community members may still enter the building from the front at any time of the day. All other entry points will be locked after the first bell rings at 8:15. Please don't be offended if you try to access an entry point and students do not let you in. They are trained to let no one enter the doors after they have been locked.

NOTE/NOTA

All registration forms are available in Spanish at every District School Office.

Todos los formularios de inscripción están disponibles en español en todas las oficinas del distrito escolar.

BOARD OF EDUCATION

Ronald Raney – President

Stacy Miller - Vice President

Tom Birdsell

Thomas Brolsma

Chad Hanson

Erran Miller

Jeff Rosenberg

Lisa Lewis – Secretary/Treasurer

High School News

Steve Madson, Principal

Wisdom from summers gone...

It's the middle of summer. Time is flying by, and change is the only constant. It seems like just yesterday that my twins were preparing to go off to college. Mykala will receive her Bachelor's degree from Texas A&M this December, and Joseph is not far behind her. Our older girls, Laura and Kelsey blessed us with grandchildren two years ago (just two days apart). This spring we said goodbye to my mom after a yearlong decline following a massive stroke. It was amazing to see the outpouring of support from the community in which I grew up and my parents live – as well as the friends and colleagues my wife and I have here in Hampton. Going through the process of losing a parent causes you to reflect a lot on your childhood. Mine could not have been better – and I owe it all to having great parents.

While I reflected on this story a few years ago, I felt it worth repeating as my wife and I are now grandparents; and I am a dad left hoping what I've done thus far has been enough for my kids to make it through the next stages in their lives.

I believe I was about seven years old when I decided that I shouldn't have to stay at my grandparents' house all day throughout the summer, while my mom, dad and older brothers got to be home. I remember thinking I was too old for afternoon naps (all of us "older" folks know we were just too young for afternoon naps at that age), and I decided to make a break for it while my grandpa and grandma slept. I snuck out of the house and walked along the ditch from my grandpa's house to my home (about a half-mile), crouching in the summer grass, as cars would go by. It seemed like it took me all day to make to my driveway, then – an all out sprint to the house before anyone could see that I had escaped.

I opened the door to our kitchen and saw the rest of my family sitting around the table having lunch. To my surprise, no one said anything for what seemed to be an eternity. It was almost like they didn't see me standing there. Then, my dad looked up from his plate and at me and said "Well, if you're too old to stay at grandpa and grandma's, then your old enough to go to work." I naively agreed with enthusiasm, while my brothers shook their heads and kind of laughed under their breath. As my mom called her parents to tell them I had walked home, and not to worry about me; my brothers, dad and I walked out of the house into my new world.

Outside of the morning and evening chores that went year-round, most of my summers from that day forward were spent in a soybean field with swarms of deer flies around my head and shoes laden with what seemed to be twenty pounds of mud, or in a hay field on the back of a rack stacking hay. As a kid the bean fields seemed to always be wet, and the hay fields were always very hot, dry and still.

While I can honestly say that I never once, even for a brief

moment - enjoyed walking beans, I did enjoy the time with my brothers and dad. It was the perfect time for my dad to be a father to us boys. He shared his faith and wisdom in everything he said and did. Life on a farm was truly a lesson for us – and my dad did not miss an opportunity to teach. He was and has always been a godly example of man to his kids, and made it clear to us that faith, family, school were the most important things in life. He also made it clear to us kids by example, (and an occasional scolding) that mom was a precious gift that God gave to us all. Nothing accentuated this more than watching my parents during the last year of my mom's life as my dad cared for her all day, every day. On the last day of my mom's life dad never left her side. He talked to her continuously. All of us kids (and grandkids) were there with her as she was slipping away. While we were told that she could hear us, it was not evident until her last moments when dad climbed next to her in bed and said, "Okay Darlene, I need one more kiss." To our surprise, mom tilted her head back and puckered her lips. They embraced for a moment, and just two breaths later God took her home.

We are so busy as parents today trying to provide everything we can for our kids. I'm reminded when I think back to my childhood, and those last minutes with mom, that it was the *time* with my parents and their example of marriage that meant the most and had the greatest impact on my life – not the *things* they gave me. We desperately need to have the time for our kids. Life goes by fast! Take some time this summer to enjoy and love your kids. Talk to them about those things that are truly important. Be the example you would like to see in them – share some wisdom that will make a difference in their life.

Important Information for the start another great year at HDHS:

eRegistration will be available August 1, 2016. If you do not have computer access and/or need assistance with eRegistration, help will be available at the high school August 5, 8, 9.

Laptop rollout will take place on the first day of school.

Freshman student / new student orientation will take place
1-3:00 p.m., August 23 at the high school.

SUMMER FOOD CONTINUES

**The Summer Food Program will continue to serve at
the Middle School ending on August 14th!**

Breakfast: 7:45-8:45 / Lunch: 11:30-12:30



VERANO DE ALIMENTOS CONTINÚA

**El Programa de Alimentos de Verano continuará
sirviendo en la Escuela Media que concluye el 14 de
agosto!**

Desayuno: 7: 45-8: 45 / Almuerzo: 11: 30-12: 30

HOW TO APPLY FOR FREE AND REDUCED PRICE SCHOOL MEALS/MILK

Please use these instructions to help you fill out the application for free or reduced price school meals/milk. You only need to submit **one** application per household, even if your children attend more than one school in **Hampton-Dumont CSD**. The application must be filled out completely to certify your children for free or reduced price school meals.

Please follow these instructions in order! Each step of the instructions is the same as the steps on your application. If at any time you are not sure what to do next, please contact **Julie Lind (641) 456-4300**.

PLEASE USE A PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY.

STEP 1: LIST ALL HOUSEHOLD MEMBERS WHO ARE INFANTS, CHILDREN, AND STUDENTS UP TO AND INCLUDING GRADE 12.

Tell us how many infants, children, and school students live in your household. They do NOT have to be related to you to be a part of your household.

Who should I list here?

When filling out this section, please include **all** members in your household who are:

- Children age 18 or under **and** are supported with the household's income;
- In your care under a foster arrangement, or qualify as homeless, migrant, or runaway youth;
- Students attending **[school/school system here]**, *regardless of age*.

- A) **List each child's name.** For each child, print their first name, middle initial and last name. Use one line of the application for each child. If there are more children present than lines on the application, attach a Supplemental Worksheet, which can be obtained from the school, with all required information for the additional children.
- B) **Is the child a student at [name of school/school district here]?** Mark 'Yes' or 'No' under the column titled "student." If 'Yes' print where the child attends school and identify their grade in school.
- C) **Do you have any foster children?** If any children listed are foster children, mark the "Foster Child" box next to the child's name. **Foster children who live with you may count as members of your household and should be listed on your application.** If you are *only* applying for foster children, after completing STEP 1, skip to "STEP 4" of the application and these instructions.
- D) **Are any children homeless, migrant, or runaway?** If you believe any child listed in this section may meet this description, please mark the "Homeless, Migrant, Runaway" box next to the child's name and **complete all steps of the application.**

STEP 2: DO ANY HOUSEHOLD MEMBERS (INCLUDING YOU) CURRENTLY PARTICIPATE IN ONE OR MORE OF THE FOLLOWING ASSISTANCE PROGRAMS: FOOD ASSISTANCE, FIP, OR FDPIR?

If anyone in your household participates in the assistance programs listed below, your children are eligible for free school meals:

- The Food Assistance Program (FA)
- The Family Investment Program (FIP)
- The Food Distribution Program on Indian Reservations (FDPIR)

A) IF NO ONE IN YOUR HOUSEHOLD PARTICIPATES IN ANY OF THE ABOVE LISTED PROGRAMS:

- Circle ‘NO’ and skip to STEP 3 on these instructions and STEP 3 on your application.
- Leave STEP 2 blank.

B) IF ANYONE IN YOUR HOUSEHOLD PARTICIPATES IN ANY OF THE ABOVE LISTED PROGRAMS:

- Circle ‘YES’ and provide a case number for FA, FIP, or FDPIR and the name of the household member with the case number. You only need to write one case number. If you participate in one of these programs and do not know your case number, it is located on your Notice of Decision. **You must provide a case number on your application if you circled “YES”.**

STEP 3: REPORT INCOME FOR ALL HOUSEHOLD MEMBERS

- A) Report all income earned by children.** Refer to the chart below titled “Sources of Income for Children” and report the combined gross income for ALL children listed in Step 1 in your household in the box marked “Total Child Income.” Only count foster children’s income if you are applying for them with the rest of your household (income from a part-time job or from any funds provided to the child for the child’s personal use). It is optional for the household to list foster children living with them as part of the household on an application for non-foster children.

Table 1. Sources of Income for Children

What is Child Income?

Child income is money received from outside your household that is paid **directly** to your children. Many households do not have any child income. Use the chart below to determine if your household has child income to report.

Sources of Child Income	Example(s)
<ul style="list-style-type: none"> • Earnings from work 	<ul style="list-style-type: none"> • A child has a job where they earn a salary or wages. (Infrequent earnings, such as income from occasional babysitting or lawn mowing, are not counted as income.)
<ul style="list-style-type: none"> • Social Security <ul style="list-style-type: none"> ◦ Disability Payments 	<ul style="list-style-type: none"> • A child is blind or disabled and receives Social Security benefits. • A parent is disabled, retired, or deceased, and their child receives social security benefits.
<ul style="list-style-type: none"> • Income from persons <i>outside</i> the household 	<ul style="list-style-type: none"> • A friend or extended family member <i>regularly</i> gives a child spending money.
<ul style="list-style-type: none"> • Income from any other source 	<ul style="list-style-type: none"> • A child receives income from a private pension fund, annuity, or trust.

FOR EACH ADULT HOUSEHOLD MEMBER:

- B) List Adult Household member's name.** Print the name of each household member in the boxes marked "Names of Adult Household Members (First and Last)." **Do not list any household members you listed in STEP 1.** If a child listed in STEP 1 has income, follow the instructions in STEP 3, part A.

Who should I list here?

When filling out this section, please include **all** members in your household who are:

- Living with you and share income and expenses, *even if not related and even if they do not receive income of their own.*

Do not include people who:

- *Live with you but are not supported by your household's income and do not contribute income to your household.*
- *Children and students already listed in Step 1.*

How do I fill in the income amount and source?**FOR EACH TYPE OF INCOME:**

- *Use the chart on page 4 to determine if your household has income to report.*
- *Report all amounts in **gross income** ONLY. Report all income in whole dollars. Do not include cents.*
 - *Gross income is the total income received before taxes or deductions.*
 - *Many people think of income as the amount they "take home" and not the total, "gross" amount. Make sure that the income you report on this application has NOT been reduced to pay for taxes, insurance premiums, or any other amounts taken from your pay.*
- *Write a "0" in any fields where there is no income to report. Any income fields left empty or blank will be counted as zeroes. If you write '0' or leave any fields blank, you are certifying (promising) that there is no income to report. If local officials have known or available information that your household income was reported incorrectly, your application will be verified for cause.*

- C) Report earnings from work.** Refer to the chart titled "Sources of Income for Adults" in these instructions on page 4 and report all income from work in the "Earnings from Work" field on the application. This is usually the money received from working at jobs. If you are self-employed business or farm owner, you will report your net income. If you need assistance with this, ask your children's school for the Supplemental Worksheet which has self-employment calculations.

What if I am self-employed?

If you are self-employed, report income from work as a **net** amount. This is calculated by subtracting the total operating expenses of your business from its gross receipts and revenue. Ask your school for a Supplemental Worksheet to assist you in determining your monthly gross annual income before deductions.

- D) Report income from Public Assistance/Child Support/Alimony.** Refer to the chart titled "Sources of Income for Adults" in these instructions on page 4 and report all income that applies in the "Public Assistance/Child Support/Alimony" field on the application. Do not report the value of any cash value public assistance benefits NOT listed on the chart. If income is received from child support or alimony, only **court-ordered** payments should be reported here. Informal but regular payments should be reported as "other" income in the next part.

- E) **Report income from Pensions/Retirement/All other income.** Refer to Table 2 below titled “Sources of Income for Adults” in these instructions and report all income that applies in the “Pensions/Retirement/All Other Income” field on the application.

Table 2. Sources of Income for Adults

Earnings from Work	Public Assistance/ Alimony/Child Support	Pensions/Retirement/All Other Income
<ul style="list-style-type: none"> • Salary, wages, cash bonuses • Net income from self-employment (farm or business) • Strike benefits <p>If you are in the U.S. Military:</p> <ul style="list-style-type: none"> • Basic pay and cash bonuses (do NOT include combat pay, FSSA or privatized housing allowances) • Allowances for off-base housing, food and clothing 	<ul style="list-style-type: none"> • Unemployment benefits • Worker’s compensation • Supplemental Security Income (SSI) • Cash assistance from State or local government • Alimony payments • Child support payments • Veteran’s benefits 	<ul style="list-style-type: none"> • Social Security (including railroad retirement and black lung benefits) • Private Pensions or disability • Income from trusts or estates • Annuities • Investment Income • Earned interest • Rental income • Regular cash payments from outside household

- F) **Report total household size.** Enter the total number of household members in the field “Total Household Members (Children and Adults).” This number **MUST** be equal to the number of household members listed in STEP 1 and STEP 3. If there are any members of your household that you have not listed on the application, go back and add them. It is very important to list all household members, as the size of your household determines your income cutoff for free and reduced price meals.
- G) **Provide the last four digits of your Social Security Number.** The household’s primary wage earner or another adult household member must enter the last four digits of their Social Security Number in the space provided. **You are eligible to apply for benefits even if you do not have a Social Security Number.** If no adult household members have a Social security Number, leave this space blank and mark the box to the right labeled “Check if no SSN.”

STEP 4: CONTACT INFORMATION AND ADULT SIGNATURE

All applications must be signed by an adult member of the household. By signing the application, that household member is promising that all information has been truthfully and completely reported. **Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application.**

- A) **Provide your contact information.** Write your current address in the fields provided if this information is available. **If you have no permanent address, this does not make your children ineligible for free or reduced price school meals.** Sharing a phone number, email address, or both is optional, but helps us reach you quickly if we need to contact you.
- B) **Print and sign your name.** Print your name in the box “Printed name of adult completing the form.” And sign your name in the box “Signature of adult completing the form.”
- C) **Write Today’s Date.** In the space provided, write today’s date in the box.
- D) **On the back of the application, share children’s Racial and Ethnic Identities (optional).** This field is optional and does not affect your children’s eligibility for free or reduced price school meals.
- E) If you do not want your household information shared with *hawk-i*, **print, sign and date in the box provided.**
- F) If you need a translated application with instructions, they can be found in 34 languages at: [Translated Family Friendly-Application-Translations.](#)

Frequently Asked Questions About Free And Reduced Price School Meals

Dear Parent/Guardian:

Children need healthy meals to learn. **Hampton-Dumont CSD** offers healthy meals every school day. Breakfast cost **\$1.50**; lunch costs \$2.40 - \$2.60. **Your children may qualify for free meals/milk or for reduced price meals.** Reduced price is **30¢** for breakfast and **40¢** for lunch. This packet includes an application for free or reduced price meal benefits, and a set of detailed instructions. Below are some common questions and answers to help you with the application process.

1. WHO CAN GET FREE OR REDUCED PRICE MEALS?

- All children in households receiving benefits from **Food Assistance, or the Family Investment Program (FIP)**, are eligible for free meals.
- Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
- Children participating in their school's Head Start program are eligible for free meals.
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children may receive free or reduced price meals if your household's income is at or below the limits on the Federal Income Eligibility Guidelines below. (Requires submitting an Application for Free and Reduced Price Meals/Milk.)

FEDERAL INCOME ELIGIBILITY GUIDELINES For School Year 2016-2017

Household Size	Yearly	Monthly	Twice per Month	Every Two Weeks	Weekly
1	21,978	1,832	916	846	423
2	29,637	2,470	1,235	1,140	570
3	37,296	3,108	1,554	1,435	718
4	44,955	3,747	1,874	1,730	865
5	52,614	4,385	2,193	2,024	1,012
6	60,273	5,023	2,512	2,319	1,160
7	67,951	5,663	2,832	2,614	1,307
8	75,647	6,304	3,152	2,910	1,455
Each additional person:	7,696	642	321	296	148

2. **WHO CAN GET FREE MILK?** If your school participates in the Special Milk Program for half day kindergarteners, your kindergarten child may be eligible for free milk. Children who buy extra milk with a meal or if they eat breakfast or lunch and have an afternoon milk break, they are not eligible to receive free milk.
3. **HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY?** Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail **Joel Heuer at jheuer@hdcsd.org or (641) 456-4893.**
4. **What IF WE HAVE FOSTER CHILDREN?** Households with foster and non-foster children may choose to include the foster child as a household member, as this may help other children in the household qualify for benefits. If the foster family is not eligible for free or reduced price meal benefits, that does not prevent a foster child from receiving free meal benefits.
5. **DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD?** No. *Use one Free and Reduced Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to **any Hampton-Dumont CSD building secretary.**
6. **SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS?** No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact: **[name, address, phone number, e-mail]** immediately as eligibility for free meals is extended to all school age children in a household. If you did not receive a letter from the school, but received a Free Lunch Notice from DHS, submit this letter to your children's school. You may add any students living in your household who are not listed.
7. **CAN I APPLY ONLINE?** Yes, if your school offers this option. You are encouraged to complete an online application instead of a paper application if you are able. The online application has the same requirements and will ask you for the same

information as the paper application. Visit www.hdcscd.org to begin or to learn more about the online application process. Contact **any Building Secretary** if you have any questions about the online application.

8. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year, through **[date]**. You must send in a new application unless the school told you that your child is eligible for the new school year. When the carry-over period ends, unless you are notified that your children will receive free meals or you submit an application that is approved, the children must pay full price for school meals.
9. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.
10. WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report. You are not required to provide proof with your application.
11. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free or reduced price meals if the household income drops below the income limit, if your household size goes up, or if you start getting Food Assistance, FIP or other benefits.
12. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: **Todd Lettow, Superintendent 601 12th Ave. NE, Hampton, IA 50441**
13. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced price meals.
14. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
15. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. Whenever this happens please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
16. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, or receive Family Subsistence Supplemental Allowance payments, it must also be included as income. However if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. There are currently no active Military Housing Projects in Iowa as found on [Active Military Housing Projects](#). Any additional combat pay resulting from deployment is also excluded from income.
17. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a Supplemental Worksheet, and attach it to your application. Contact **any Building Secretary** to receive a Supplemental Worksheet.
18. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for Food Assistance or other assistance benefits, contact your local assistance office or call **1-877-347-5678**. Your children may be eligible for **hawk-i** (children's health insurance) or a waiver of school fees. Read the information on the back of the Application for **hawk-i** information. A school waiver form is available from your school.
19. CAN CHILDREN WITH DISABILITIES GET FOOD SUBSTITUTIONS? If a child has a disability, as determined by a licensed medical professional, and the disability prevents the child from eating the regular school meal, the school will make substitutions prescribed by the licensed medical professional. If a substitution is needed, there will be no extra charge for the meal. Please note, however, that the school is not required to make a substitution for a food allergy, unless it meets the definition of disability. Please call the school for further information.
20. If you have other questions or need help, call (641) 456-4300

2016-2017 Iowa Application for Free and Reduced Price School Meals/Milk

Received Date: _____

Complete one application per household. Please use a pen (not a pencil). This application cannot be approved unless complete eligibility information is submitted.

STEP 1 List ALL Household Members who are infants, children, and students up to and including grade 12 (if more spaces are required for additional names, attach the supplemental worksheet.)

Definition of Household Member: "Anyone who is living with you and shares income and expenses, even if not related."
Children in **Foster care** and children who meet the definition of **Homeless, Migrant or Runaway** are eligible for free meals. Read **How to Apply for Free and Reduced Price School Meals** for more information.

Child's First Name	MI	Child's Last Name	Student?			Foster Child	Homeless, Migrant or Runaway
			Yes	No			
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>

Check all that apply

STEP 2 Do any Household Members (including you) currently participate in one or more of the following assistance programs: Food Assistance, FIP, or FDPIR? Circle one: Yes / No No, complete STEP 3. If you answered Yes, write a case number here then go to STEP 4 (Do not complete STEP 3).

Write only one case number in this space. Medicaid, Title XIX & EBT card numbers are not acceptable.

Case Number: _____

Name of Household Member with Case Number: _____

STEP 3 Report Income for ALL Household Members (Skip this step if you answered 'Yes' to STEP 2)

Please read **How to Apply for Free and Reduced Price School Meals** for more information. The **Sources of Income for Children** section will help you with the **Child Income** question. The **Sources of Income for Adults** section will help you with the **All Adult Household Members** section.

A. Child Income
Sometimes children in the household earn income. Please include the TOTAL gross income earned by all Household Members listed in STEP 1 here.

Total Child Income:

How often? Weekly Bi-Weekly 2x Month Monthly

B. All Adult Household Members (including yourself)
List all Household Members not listed in STEP 1 (including yourself) **even if they do not receive income**. For each Household Member listed, if they do receive income, report total **gross** income for each source in whole dollars only. If they do not receive income from any source, write '0'. If you enter '0' or leave any fields blank, you are certifying (promising) that there is no income to report. Applications with blank income fields will be processed as complete. **If more spaces are required for additional names, attach the supplemental worksheet.**

Name of Adult Household Members (First and Last)	C. Earnings from Work	How often?				D. Public Assistance/ Child Support/Alimony	How often?				E. Pensions/Retirement/ All Other Income	How often?			
		Weekly	Bi-Weekly	2x Month	Monthly		Weekly	Bi-Weekly	2x Month	Monthly		Weekly	Bi-Weekly	2x Month	Monthly
<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

F. Total Household Members (Children and Adults)

G. Last Four Digits of Social Security Number (SSN) of Primary Wage Earner or Other Adult Household Member

Check if no SSN

STEP 4 Contact Information and Adult Signature

"I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws."

Street Address (if available) Apt. # City State Zip Daytime Phone (optional) Email (optional)

Printed name of adult completing the form Signature of adult completing the form Today's date

DO NOT WRITE BELOW THIS LINE. FOR ADMINISTRATIVE USE ONLY.

Annual income conversion: Weekly x 52; Bi-Weekly x 26; 2 Times per Month x 24; Monthly x 12

Household Income: \$ _____ Weekly Bi-Weekly Twice Monthly Monthly Annually Household Size: _____

Application Approved: Income Foster Child FIP/Food Assistance Head Start (documentation required) Homeless/Migrant/Runaway-Local Official Documentation Required

Eligibility Determination: Free Reduced Free Milk Application Denied: Incomplete Over income limits

Determining Official _____ Effective Date _____ Confirming Official _____ Date _____ Follow-up Signature _____ Date _____

OPTIONAL Children's Racial and Ethnic Identities

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.

Ethnicity (check one): Hispanic or Latino Not Hispanic or Latino

Low-Cost Health Insurance for Children

If your children do not have health insurance, many families getting free or reduced price meals can also get free or low-cost health insurance for their children. The law requires public schools to share your free and reduced price meal eligibility information with Medicaid & *hawk-i*, the State's medical insurance program for children. Private schools, RCCIs and childcare organizations may choose to share this information. Specifically, we will give them your child's name, your name & address. Medicaid & *hawk-i* can only use the information to identify children who may be eligible for free or low-cost health insurance and contact you. They are not allowed to use the information from your free and reduced meal application for any other purpose or to share it with any other entity or program. You are not required to allow us to share this information, it will not affect your child's eligibility for free or reduced price meals. **If you do NOT want your information shared with Medicaid or *hawk-i*, you must tell us by completing the information below.** If you want further information, you may call *hawk-i* at 1-800-257-8563. Also, if you are already receiving Medicaid or *hawk-i*, please sign below. This will avoid another contact.

My signature below indicates I DO NOT want school officials to share information from my free and reduced price meal application with Medicaid or *hawk-i*.

Parent/Guardian Name (Printed) _____ Signature _____ Date _____

Race (check one or more): American Indian or Alaskan Native Asian Black or African American Native Hawaiian or Other Pacific Islander White

The **Richard B. Russell National School Lunch Act** requires the information on this application. You do not have to give the information, but if you do not submit all needed information, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Food Assistance (FA), Family Investment Program (FIP) or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

USDA Nondiscrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

Iowa Non-Discrimination Statement: "It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14th St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."

Student guidelines at home football games

The following guidelines have been developed to provide a safe, orderly environment for all in attendance. We ask that Elementary & Middle School students observe these guidelines while in attendance.

1. At the start of the contest, K-8 students should be seated in the stands or they may stand in areas to the north and south of the home stands. Students are not allowed in the areas under and behind the bleachers or on the visiting side of the stadium.
2. Students should stop all football and other games once the varsity contest has started.
3. Students should show respect for the Flag and National Anthem by stopping, facing the flag, and removing their caps or hats during the presentation of these items.
4. Student should treat visitors, teams, adults and other students with respect.

The building principals will be discussing this information with all students before the first home football game. Any student who does not follow the above guidelines will be required to leave the football field area. Repeat violators will face suspension from future events.

Student guidelines at home volleyball, basketball and wrestling events

The following guidelines have been developed to provide a safe, orderly environment for all in attendance. We ask that elementary and middle school students observe these guidelines while in attendance.

1. Elementary students are encouraged to sit with or near their parents. Middle school students should sit in the South East corner of the bleachers. Students are only allowed to leave the bleachers or gym during quarter breaks, at halftime, or between games. NO students are allowed to play or linger in the lobby or hallways.
2. Students should show respect for the Flag and National Anthem by facing the flag, and removing their caps or hats during the presentation of these items.
3. Student should treat visitors, teams, officials, adults and other students with respect.

The building principals will be discussing this information with all students before the first home basketball game. Any student who does not follow these guidelines will be required to leave school property. Repeat violators will face suspension from future events.

It's Time to Ride the Bus!

It's time for students to get on that big yellow bus and head off for school. Please take a few minutes to review bus behavior with your children. Your help in explaining appropriate bus etiquette will help us and make the bus a safe and caring place to be. Remind students that video cameras may be in operation on the school buses. The bus rules are as follows:

1. Follow all directions of the driver willingly the first time they are given. Show respect for driver and other students on the bus.
2. Eating, drinking, or smoking is not permitted. Place all litter in the trash can.
3. Harassment (teasing, shouting, pushing, or fighting) is not acceptable and will not be allowed at anytime.
4. Remain seated, keeping all parts of your body inside the bus. Seat assignments will be at the discretion of driver and/or school disciplinarian. Classroom conversation and conduct will be observed at all times.
5. When entering or exiting the bus, students must be in view of driver. Always cross in front of bus. Exit only at assigned stop.
6. Pets, harmful objects, or vandalism are not acceptable and will not be allowed.
7. Emergency exit procedure drills will apply in the event of an actual emergency.

Any misbehavior on the bus may result in removal from the bus for 1-10 days at the discretion of the principal or superintendent. Serious misbehavior on the bus may also be cause for punishment up to and including suspension or expulsion from school. If a student is removed from the bus, it is the responsibility of the parent to get them to school.

It is our intent that bus transportation be a safe and pleasant experience for all. We encourage communication between child, parent, and driver if problems occur. Please help us accomplish our goal of providing a safe and caring bus ride for everyone.

HDEA SOUP SUPPER
FRIDAY - OCTOBER 14TH
5:00 P.M.
AT THE HAMPTON-DUMONT HIGH SCHOOL

- ❖ Chili
- ❖ Chicken Noodle Soup
- ❖ Pie
- ❖ And More!

PROCEEDS BENEFIT HDEA SCHOLARSHIP FUNDS



2016-17 School Supply Lists

NORTH SIDE

Early Childhood Special Education (ECSE)

- 4 Glue Sticks
- 1 Box of Crayola Washable Markers
- Paint Shirt
- 1 backpack – regular size, no wheels – they must fit in small locker
- **Extra set of clothing (Shirt, Pants, Socks, Underwear, Diapers and wipes if Needed)**
There may be some additional items needed when your child is assigned his/her teacher in the fall.

Bullpup Preschool – 4 year olds

No supplies are requested for preschool.

Prep Kindergarten

- Backpack – regular size, no wheels – they must fit in small locker
- #2 pencils
- 6 glue sticks
- 2 spiral notebooks – 70 count wide ruled
- 2 – 2-pocket paper folders
- Paint shirt (an old shirt of Mom's or Dad's works best)
- 1 box Crayola crayons (24 count)
- 1 box of Crayola Washable Markers
- Large bath towel (for rest time)

Kindergarten

- Backpack - regular size, no wheels, must fit in lockers
- Paint shirt (an old shirt of Mom's or Dad's works best)
- Large bath towel (for rest time)
- *There may be some additional items needed when your child is assigned his/her teacher in the fall.*

SOUTH SIDE

South Side Elementary will furnish the following supplies for all students:

- Scissors
- Rulers
- Erasers
- Crayons

Grade 1

- School bag - **bags with wheels do not fit in lockers**
- Paint shirt
- Ear buds (optional)

- Pencils will be provided
There may be some additional items needed when your child is assigned his/her teacher in the fall.

Grade 2

- School bag – **bags with wheels do not fit in lockers**
- 12 Dixon yellow pencils
- 1 wide ruled composition notebook (black & white hardcover)
- Ear buds
- *There may be some additional items needed when your child is assigned his/her teacher in the fall.*

Grade 3

- Backpack - **bags with wheels do not fit in lockers**
- 24 sharpened - #2 Pencils
- 2 large Elmer's glue sticks
- 2 spiral notebooks – 70 count wide ruled
- 2 – 2-pocket paper folders
- Ear buds
- *There may be some additional items needed when your child is assigned his/her teacher in the fall.*



MIDDLE SCHOOL

4th Grade

- 4 pocket folders
- 2 glue sticks
- Pencil case or box
- Enough #2 pencils for the year (at least 40) sharpened
- At least 4 large erasers
- Highlighter
- 2 Expo dry-erase markers
- Scissors
- 1 ballpoint pens
- Colored pencils
- Crayons
- Washable fine-line markers
- Ear buds for plugging into laptop

- 2 spiral notebooks (wide rule with perforated edges)
- Wide-ruled loose-leaf paper (at least 100 sheet package)
Please do not send "Trapper Keepers" or similar binders as they don't fit in our desks.
All items should be labeled with the student's name or initials.

5th Grade

- 12 pencils – sharpened (NO MECHANICAL PENCILS)
- Crayons
- Scissors
- Pens – red, blue or black
- Ear buds
- 4 white board markers
- Crayola markers
- 1 spiral notebook
- 1 pocket folder
- Highlighter

6th Grade

- 12 Pencils
- 2 highlighters
- Ear buds – 1 set
- 1 pencil pouch
- 1 - 3x3 post it note pad
- 2 notebooks (1 subject)
- 1 pack loose leaf paper
- 1 pocket folder
- 1 - 3-ring binder
- 2 sets – 5 tab dividers
- 1 - 3 subject notebook
- Colored pens (note black) *minimum of 1*

7th & 8th Grades

- #2 pencils – continuous supply
- 1 pencil pouch
- 1 pack markers
- 3 packs loose leaf paper
- 6 Pocket folders
- 1 – 2" 3-ring binder (7th Science / 8th Language Arts)
- 1 pack ink pens
- 1 pack clear sheet protectors
- 1 pack colored pencils
- 1 set ear buds
- 1 Flash drive
- 1 pack pencil top erasers





H-D Booster Club

PO Box 25
Hampton, IA 50441

August 2016

The 2016-2017 H-D Athletic Booster Club membership is going on now! To be recognized in the basketball program you must **mail your membership dues by October 16, 2016.**

Why support high school sport programs?

- Student athletes learn teamwork, sportsmanship, winning and losing, the rewards of hard work, self-discipline, build self-confidence, and develop skills to handle competitive situations.
- Students who participate in activity programs tend to have higher grade-point averages, better attendance records, lower dropout rates and fewer discipline problems than other students.

Booster members support student athletes of Hampton-Dumont High School through the purchase of equipment, specialized training, and special projects for athletes. As a small token of appreciation you will be recognized in the programs distributed at all home basketball games.

Thank you for your support!

Best regards,
Becky Fink
H-D Bulldog Athletic Booster Club Volunteer

✂----- Cut off bottom portion and return it with payment by October 16, 2015 -----✂

HAMPTON-DUMONT ATHLETIC BOOSTER CLUB
Membership Drive Form
 (Please return form with payment by October 16, 2016)

Name _____
(List your name or business name exactly the way you want it published in the program)

Address _____

Telephone _____

Membership level (check box for level - indicate amount on line)

- \$500+ Membership (\$500+)** _____
- Platinum Membership (\$300-499)** _____
- Gold Membership (\$150-299)** _____
- Silver Membership (\$75-149)** _____
- Regular Membership (\$40-74)** _____

Make checks payable to: Hampton-Dumont Athletic Booster Club
Mail to: PO Box 25, Hampton IA 50441



Stitch It - Print It - Wear It

H-D Quarterback Club 2016



Gildan Dark Heather Gray

Short Sleeve T-Shirt* \$15.00

Long Sleeve T-Shirt \$19.00

Hooded Sweatshirt \$32.00

*Adult S/S T-Shirts also available in Trim Fit "Softstyle"

Orders Due By: August 10, 2016

Checks Payable to: HD Quarterback Club

Order Due To: Shelly Aalbers
25 18th Ave NE, Hampton
641-425-4368
Jody Hovenga
641-425-0891

NAME:

PHONE NUMBER:

Item	Enter Quantity							Price	Subtotal
	S	M	L	XL	2X	3X	4X	Each	
Youth T-Shirt 8000B								\$15.00	
Adult S/S T-Shirt 2000								\$15.00	
2X								\$17.00	
3X								\$18.00	
4X								\$19.00	
Adult L/S T-Shirt 2400								\$19.00	
2X								\$21.00	
3X								\$22.00	
4X								\$23.00	
*Adult Softstyle S/S T-Shirt 64000								\$15.00	
2X								\$17.00	
Youth Hoodie 18500B								\$32.00	
Adult Hoodie 18500								\$32.00	
2X								\$34.00	
3X								\$35.00	
4X								\$36.00	
TOTAL									

Hampton-Dumont 2016-2017 School Calendar

Summary of Calendar:

School will begin August 25th
and end May 31th

Days/Hours in classroom:

First Quarter	44/272.25
Second Quarter	47/289.25
First Semester	91/561.50
Third Quarter	49/303.50
Fourth Quarter	43/263.50
Second Semester	92/567.00
Total Days/Hours	183/1128.50

CALENDAR LEGEND

Start	
Quarter	
Conferences	
In-Service	
Holidays	
Vacation Days	

School will dismiss at 2:00 PM every
Wednesday.*

* Teachers will leave at 2:15 PM on
November 23rd

Snow make up days will be as
follows: March 8th and then June 1st

August 2016					Student Days/Hours	
M	T	W	Th	F		
1	2	3	4	5		
8	9	10	11	12		
15	16	17	18	19		
22	23	24	25	26	3	18.25
29	30	31			6	36.50
September						
			1	2	8	48.25
5	6	7	8	9	12	73.00
12	13	14	15	16	17	104.25
19	20	21	22	23	22	135.50
26	27	28	29	30	27	166.75
October						
3	4	5	6	7	31	191.50
10	11	12	13	14	36	222.75
17	18	19	20	21	41	254.00
24	25	26	27	28	46	285.25
31					47	291.75
November						
	1	2	3	4	51	307.50
7	8	9	10	11	55	338.75
14	15	16	17	18	60	370.00
21	22	23	24	25	63	388.25
28	29	30			66	406.50
December						
			1	2	68	419.50
5	6	7	8	9	73	450.75
12	13	14	15	16	78	482.00
19	20	21	22	23	82	505.50
26	27	28	29	30		
January 2017						
2	3	4	5	6	86	530.25
9	10	11	12	13	91	561.50
16	17	18	19	20	95	586.25
23	24	25	26	27	100	617.50
30	31				102	630.50
February						
		1	2	3	105	648.75
6	7	8	9	10	110	680.00
13	14	15	16	17	115	711.25
20	21	22	23	24	120	742.50
27	28				122	755.50
March						
		1	2	3	125	773.75
6	7	8	9	10	127	784.25
13	14	15	16	17	132	815.50
20	21	22	23	24	137	846.75
27	28	29	30	31	142	878.00
April						
3	4	5	6	7	147	909.25
10	11	12	13	14	151	932.75
17	18	19	20	21	156	964.00
24	25	26	27	28	161	995.25
May						
1	2	3	4	5	166	1026.50
8	9	10	11	12	171	1057.75
15	16	17	18	19	176	1089.00
22	23	24	25	26	181	1119.00
29	30	31			183	1128.50

Date	Event
Aug 11-21	State Fair
Aug 18-19	New Teacher Workshops
Aug 22-23	Professional Development
Aug 24	6-12 First Day of Classes PK-5 Conference 11:00-6:00
Sept 2	2:00 Dismissal
Sept 5	Labor Day (No School)
Oct 26	End 1 st Qtr (44 days/272.25 hrs)
Oct 31	Halloween
Nov 1&3	2:00 Dismissal Conferences 3:00-7:45
Nov 4	No School
Nov 8	Election Day
Nov 24-25	Thanksgiving Holiday (No School)
Dec 22	2:00 Dismissal
Dec 23- Jan 2	Winter Break (No School)
Jan 13	End 1 st Sem (91Days/561.50 hrs)
Jan 13	End 2 nd Qtr (47 days/289.25 hrs)
Jan 16	Professional Development
Jan 17	Begin 2 nd Semester
Mar 6&7	2:00 Dismissal Conferences 3:00-7:45
Mar 8-10	Spring Break (No School)
Mar 29	End 3 rd Qtr. (49 days/303.50 hrs)
Apr 13	2:00 Dismissal
Apr 14	Good Friday (No School)
Apr 16	Easter
May 26	2:00 Dismissal
May 28	Commencement
May 29	Memorial Day
May 31	11:15 Dismissal
May 31	End 4 th Qtr (43 days/263.50 hrs)
May 31	End 2 nd Sem (92 days/567.00 hrs)

H-D DISTRICT CONTACTS

Todd D. Lettow
Superintendent
641-456-2175

Jennifer M. Koenen
Curriculum Director
641-456-2175

Steve G. Madson
High School Principal
641-456-4893

Anthony K. Spradlin
Middle School Principal
641-456-4735

Ellen Pickhinke
Elementary Principal
South Side 641-456-2261
North Side 641-456-4481

HAMPTON-DUMONT NEWSLETTER

The Hampton-Dumont Community Schools' Newsletter is published bi-monthly and is distributed to every household with a Hampton or Dumont mailing address. Newsletters are also sent to families with students in our school with addresses other than Hampton or Dumont. Call the Superintendent's office to place any additional names on our mailing list.

Mary Ann Fulton, Editor

Visit the Hampton-Dumont website for information on any of the following:



School News, District Information, Administration, Staff, School Buildings, Calendars, Lunch and Breakfast Menus, Parent Information, Links, Communities, and Alumni.

www.hdcsd.org



Hampton-Dumont Community School District
601 12th Ave NE
Hampton, IA 50441-0336

PRESORTED STANDARD
Non-Profit Organization
U.S. Postage Paid
Hampton, IA 50441
Permit No. 14

POSTAL PATRON

Hampton-Dumont Schools

August – September 2016 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
August 21	22 Professional Development 	23 V V-Ball – 5:00 Triangular @ CAL Professional Development	24 GRADES 6-12 1 ST DAY OF CLASSES GRADES PK-5 CONFERENCES 11:00-6:00	25 NORTH SIDE & SOUTH SIDE 1 ST DAY OF CLASSES 9 th /JV V-Ball – 5:00 Triangular @ West Fork (HS) HS JV/V Cross Country – 5:30 Invitational @ Mayne's Grove MS Cross Country – 4:30 vs. Iowa Falls-Alden @ Mayne's Grove	26 9 th Football– 4:45 @ Iowa Falls-Alden (HS) V Football – 7:30 @ Iowa Falls-Alden (HS)	27		
28	29	30 HS JV/V Cross Country – 5:00 @ Webster City	31 School Dismisses @ 2:00 Professional Development	September 1 9 th /JV V-Ball – 6:00 @ Webster City (HS) V V-Ball – 7:30 @ Webster City (HS)	2 School Dismisses @ 2:00 9 th Football– 4:45 @ Humboldt (HS) V Football – 7:30 @ Humboldt (HS)	3 V V-Ball – 9:00 Tournament @ Vinton-Shellsburg (HS)		
4	5 NO SCHOOL	6 PRESCHOOL & HEAD START 1 ST DAY OF CLASSES HS JV/V Cross Country 4:30 @ Wartburg College 9 th /JV V-Ball – 6:00 @ Clear Lake (HS) V V-Ball – 7:30	7 School Dismisses @ 2:00 Professional Development North Side School Pictures South Side School Pictures	8 MS Football – 4:30 7 th – HERE / 8 th @ Iowa Falls- Alden	9 9 th Football – 4:45 vs. Crestwood – HERE V Football – 7:30 vs. Crestwood - HERE	10 NC District Vocal All-State Rehearsal JV V-Ball – 9:00 Tournament @ Belmont-Klemme (HS) V V-Ball - 9:00 @ Mason City (HS)		
11		12	13 9 th /JV V-Ball - 6:00 vs. Iowa Falls-Alden – HERE (HS) V V-Ball – 7:30 vs. Iowa Falls-Alden – HERE (HS)	14 School Dismisses @ 2:00 Professional Development	15 HS Cross Country – 4:15 @ Ventura Baptist Camp	16 Homecoming Parade 9 th Football – 4:45 vs. New Hampton – HERE V Football – 7:30 vs. New Hampton- HERE	17 9 th /JV V-Ball – 9:00 Tournament - HERE	
11 HOMECOMING WEEK		18	19 HS JV/V Cross Country 4:15 @ Humboldt Sheldon Park JV/V V-Ball – 5:00 Triangular - HERE	20 MS Football – 4:30 8 th – HERE / 7 th @ Humboldt	21 School Dismisses @ 2:00 Professional Development	22 HS JV/V Cross Country 4:30 @ Pioneer Town & Country Club 9 th /JV V-Ball – 6:00 @ Algona (HS) V V-Ball- 7:30 @ Algona (HS) MS V-Ball – 4:15 7 th @ Iowa Falls-Alden / 8 th - HERE	23 9 th Football – 4:45 @ Garner-Hayfield (HS) V Football – 7:30 @ Garner-Hayfield (HS)	24 
25	26 MS V-Ball – 4:15 7 th @ Humboldt / 8 th - HERE	27 9 th /JV V-Ball – 6:00 vs. Garner-Hayfield – HERE V V-Ball – 7:30 vs. Garner-Hayfield - HERE	28 School Dismisses @ 2:00 Professional Development	29 HS JV/V Cross Country 4:15 @ Mayne's Grove 9 th /JV V-Ball – 6:00 vs. Humboldt – HERE V V-Ball – 7:30 vs. Humboldt - HERE	30 9 th Football – 4:45 vs. Clear Lake – HERE V Football – 7:30 vs. Clear Lake - HERE			


Hampton-Dumont Schools

October 2016 – Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 	3 HS Cross Country 4:30 @ Lake Mills (Rice Lake Country Club)	4	5 School Dismisses @ 2:00 Professional Development	6 9 th /JV V-Ball – 6:00 vs. St. Edmond – HERE V V-Ball – 7:30 vs. St. Edmond - HERE	7 9 th Football – 4:45 @ Forest City (HS) V Football – 7:30 @ Forest City (HS)	1  V V-Ball – 9:00 Tournament - HERE 8
9	10 9 th /JV V-Ball – 6:00 @ Lake Mills (HS) MS V-Ball – 4:15 7 th – HERE / 8 th @ Iowa Falls-Alden	11 HS Cross Country 4:00 NCC Meet @ Mayne’s Grove MS Cross Country – 3:45 NCC Meet @ Mayne’s Grove V V-Ball – 6:00 Quad - HERE	12 School Dismisses @ 2:00 Professional Development	13 9 th /JV V-Ball – 6:00 @ Clarion-Goldfield V V-Ball – 7:30 @ Clarion-Goldfield	14 Band Night & Senior Night @ Football Game 9 th Football – 4:45 vs. Osage – HERE V Football – TBD vs. Osage – HERE HDEA CHILI SUPPER – 5:00	15 JV V-Ball – 9:00 Tournament @ Lake Mills (HS) V V-Ball – 9:00 Tournament @ Winterset (HS)
16	17 Fall Festival of Choirs – 7:00 Grades 7-12 @ Auditorium	18	19 School Dismisses @ 2:00 Professional Development 3A Regional V-Ball	20	21 9 th Football – 4:45 @ Clarion-Goldfield (HS) V Football – 7:30 @ Clarion-Goldfield (HS)	22 IHSMA All-State Music Festival Auditions 
FFA NATIONAL CONVENTION @ INDIANAPOLIS						
23	24	25	26 1 st QUARTER ENDS School Dismisses @ 2:00 Professional Development	27	28 HS State Football Playoffs 	29
30 	31					

Hampton-Dumont Schools


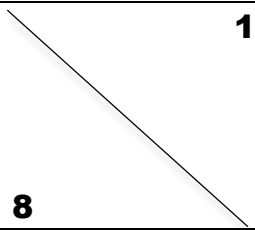
August – September 2016 / Lunch & Breakfast Menus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 21	22	23	24	25	26	27
	MUST TAKE 3 ITEMS ONE BEING FRUIT OR VEGETABLE	NOTE: Fresh fruits & vegetables, whole grain breads & pastas are used whenever possible.	Hot Dogs / Bun Steamed Carrots Peas <hr/> Cinnamon Rolls – Yogurt Peaches - Juice	Chili Crispito Peanut Butter Sandwich (K-8) Corn – Applesauce <u>Mexican Rice</u> Egg Omelet – Toast – Peas Juice	Sloppy Joe / Bun Ferocious Oven Fries Asparagus <u>Peaches</u> Breakfast Bars – Toast Mixed Fruit - Juice	
28	29	30	31	September 1	2	3
	Chicken Nuggets Broccoli / Cheese Buttered Sandwich <u>Apple Wedge – Cookie</u> Pancake on a Stick – Juice Orange Wheels	Walking Taco Lettuce & Tomato Peanut Butter Sandwich (9-12) <u>Fruit Cocktail</u> French Toast Sticks – Smokies Pineapple – Juice	Creamed Chicken / Biscuit Peas Mandarin Oranges <hr/> Scrambled Eggs – Toast – Juice Banana	Sub Sandwich Crisp Baby Carrots Gold Fish Crackers <u>Pineapple</u> Sausage Gravy / Biscuit (4-12) Cereal & Toast (K-3) Applesauce - Juice	Shrimp Poppers Mixed Vegetables Cottage Cheese Orange Wheels <u>Buttered Sandwich</u> Breakfast Bites – Mixed Fruit Juice	
4	5	6	7	8	9	10
	NO SCHOOL	Chicken Strips 'Macho' Mashed Potatoes / Gravy Broccoli Normandy <u>Buttered Sandwich – Peas</u> Sausage / Cheese Biscuit Pineapple - Juice	Corn Dog Baked Beans Peanut Butter Sandwich (9-12) <u>Apple Wedge</u> Long John – Applesauce Juice	Pizza 'Crack Me Up' Corn Peanut Butter Sandwich <u>Fruit Cocktail</u> Breakfast Pizza Peaches - Juice	Cowboy Cavatini Green Beans Wheat Roll <u>Peaches</u> Fruit Parfait (4-12) Yogurt Cups (K-3) Fruit Cocktail - Juice	
11	12	13	14	15	16	17
	Chicken & Noodles Peas – Mandarin Oranges Wheat Rolls <u>Cottage Cheese</u> Waffles – Strawberries Juice	Chicken Patty / Bun Broccoli Peaches <u>Rice Crispy Bar</u> Cinnamon Roll – Peas Juice	'Bulldog' Burger / Bun Baked Beans Pineapple <hr/> Egg Omelet – Toast – Apple Wedges - Juice	Ravioli Bread Sticks Salad <u>Pears</u> Breakfast Bars – Toast Mandarin Oranges - Juice	'Touch Down' Taco Lettuce & Tomato Peanut Butter Sandwich Corn – Fruit Cocktail <u>Pancakes – Sausage Patty</u> Peaches - Juice	
18	19	20	21	22	23	24
	Hot Ham & Cheese Sandwich Gold Fish Crackers Baby Carrots <u>Pineapple</u> French Toast Sticks – Smokies Applesauce - Juice	Chicken Alfredo Broccoli Bread Stick <u>Rosy Applesauce</u> Scrambled Eggs – Toast – Peas Juice	Popcorn Chicken Buttered Sandwich Asparagus <u>Peaches</u> Sausage Gravy / Biscuit (4-12) Cereal & Toast (K-3) Fruit Cup - Juice	Chili Crispito Peanut Butter Sandwich Corn <u>Mexican Rice</u> Breakfast Bites – Banana Juice	Macaroni & Cheese Peas & Carrots Wheat Roll (9-12) <u>Mandarin Oranges</u> Sausage & Cheese Biscuits Mandarin Oranges - Juice	
25	26	27	28	29	30	
	Tenderloin / Bun Steamed Sweet Carrots Fruit Cocktail <u>Cookie</u> Long John – Peaches - Juice	Mini Corn Dogs Peanut Butter Sandwich Green Beans <u>Peaches</u> Breakfast Pizza – Peas - Juice	Pork Rib Patty / Bun Tri Tater Lima Beans <u>Apple Wedges</u> Apple Turnover – Yogurt – Toast Banana	Spaghetti / Meat Sauce French Bread Spinach Salad <u>Pears</u> Waffles – Sausage Patty – Juice Applesauce	Chicken Nuggets Muffin Broccoli Normandy / Cheese <u>Mandarin Oranges</u> Cinnamon Roll – Strawberries Juice	

**ALL MEALS INCLUDE MILK AND ARE
SUBJECT TO CHANGE.**
 PLEASE NOTE: There is a 50¢ charge for lunch
seconds

Hampton-Dumont Schools

October 2016 - Lunch & Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 2	3 Sub Sandwich Crisp Baby Carrots Gold Fish Crackers <u>Pineapple</u> Egg Omelet – Toast Peaches - Juice	4 Shrimp Poppers Asparagus Cottage Cheese Orange Wheels <u>Buttered Sandwich</u> Breakfast Bar – Toast Banana - Juice	5 Chicken Strips Broccoli Normandy Jelly Sandwich <u>Pears</u> Pancake on a Stack – Juice Orange Wheels	6 Chicken Tetrizzini Salad Bread Stick <u>Peaches</u> French Toast Sticks Smokies – Strawberries - Juice	7 Walking Taco Tomato & Lettuce Corn Peanut Butter Sandwich <u>Peaches</u> Scrambled Eggs – Toast Pears - Juice	1  8
9	10 Chicken & Noodles Peas Wheat Roll <u>Fruit Cocktail</u> Sausage Gravy / Biscuit (4-12) Cereal & Toast (K-3) Mandarin Oranges - Juice	11 Chicken Patty / Bun Fresh Broccoli Peaches <u>Rice Crispy Treat</u> Breakfast Bites Applesauce - Juice	12 Cheeseburger / Bun Baked Beans Pineapple <u>Sausage & Cheese Biscuit</u> Peaches - Juice	13 Chili Cinnamon Rolls Celery / Carrots <u>Pears</u> Long Johns – Banana Juice	14 Hot Dog / Bun Green Beans Tri Tater Mandarin Oranges <u>Applesauce</u> Breakfast Pizza Pears - Juice	15 
 16	17 Hot Ham & Cheese Sandwich Steamed Carrots Gold Fish Crackers <u>Pineapple</u> Breakfast Cookie – Yogurt Strawberries - Juice	18 Cowboy Cavatini Green Beans Wheat Roll <u>Pears</u> Waffles – Sausage Patty Orange Wheels - Juice	19 Popcorn Chicken Brown Rice Asparagus <u>Peaches</u> Cinnamon Roll – Banana Juice	20 Chili Crispito Corn – Mandarin Oranges Mexican Rice <u>Peanut Butter Sandwich (K-8)</u> Egg Omelet – Toast Peaches - Juice	21 Sloppy Joe / Bun French Fries Baked Beans <u>Apple Wedges</u> Breakfast Bars – Toast Pears - Juice	22
23	24 Macaroni & Cheese Peas Wheat Roll (9-12) <u>Fruit Cocktail</u> Pancakes – Sausage Patty Applesauce - Juice	25 Corn Dog Peanut Butter Sandwich (9-12) Asparagus <u>Applesauce</u> French Toast Sticks Smokies – Pineapple - Juice	26 Pork Rib Patty / Bun Tri Tater Mixed Vegetables <u>Pears</u> Scrambled Eggs - Toast Fruit Cup - Juice	27 Spaghetti / Meat Sauce French Bread Tossed Salad <u>Peaches</u> Sausage Gravy / Biscuit (4-12) Cereal & Toast – (K-3) Peaches - Fruit	28 Chicken Nuggets Muffin Broccoli / Cheese <u>Pineapple</u> Breakfast Bites Apple Wedges - Juice	29
30	31 Creamed Chicken & Biscuit Peas Cottage Cheese <u>Rosy Applesauce</u> Sausage & Cheese Biscuit Pears - Juice	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="background-color: #008000; color: white; padding: 5px; border: 1px solid black;"> NOTE: Fresh fruits & vegetables, whole grain breads & pastas are used whenever possible. </div> <div style="background-color: #add8e6; padding: 5px; border: 1px solid black;"> ALL MEALS INCLUDE MILK AND ARE SUBJECT TO CHANGE. <i>PLEASE NOTE: There is a 50¢ charge for lunch seconds for ALL students.</i> </div> </div>				<div style="border: 2px solid black; padding: 5px; width: fit-content; margin: auto;"> MUST TAKE 3 ITEMS ONE BEING FRUIT OR VEGETABLE </div>

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER